


<p style="text-align: center;"><b>Omelets</b> served with home fries</p> <p><b>Bacado-</b> Avocado, bacon, salsa fresca, Cheddar, &amp; a dollop of sour cream <b>\$11</b></p> <p><b>Caprese-</b> Mozzarella, arugula, pesto &amp; tomato <b>\$10</b></p> <p><b>Veggie-</b> Green peppers, mushrooms, onions, tomatoes, &amp; Cheddar <b>\$10</b></p> <p><b>Western-</b> Applewood smoked ham, green peppers, onions, &amp; Swiss <b>\$11</b></p>	<p style="text-align: center;"><b>Lunch Box</b> served with chips</p> <p><b>B.L.A.S.T.-</b> Bacon, lettuce, avocado, tomato, turkey, &amp; pesto mayo on sourdough <b>\$10</b></p> <p><b>Vermonster-</b> Turkey, Cheddar, apple, lettuce, &amp; maple walnut spread on multigrain <b>\$9</b></p> <p><b>Turkey Terrific-</b> Turkey, bacon, arugula, &amp; horseradish mayo <b>\$9</b></p> <p><b>Quesadilla-</b> Pepper jack &amp; Cheddar, in a grilled tortilla with sour cream &amp; salsa <b>\$6</b></p> <p><b>Buffalo Chicken Wrap-</b> Buffalo chicken, carrots, celery, romaine, &amp; blue cheese <b>\$9</b></p> <p><b>Grilled Cheese &amp; Soup-</b> Grilled cheese on sourdough with a cup of today's soup. <b>\$8</b></p> <p><b>Reuben Sandwich-</b> Corned beef, sauerkraut, Swiss, &amp; Russian dressing on rye <b>\$9</b></p>
<p style="text-align: center;"><b>The King's Classics</b> served with home fries</p> <p><b>Farmhouse Hash-</b> Local sausage &amp; sweet potato hash topped with scrambled eggs &amp; pepper jack hollandaise <b>\$11</b></p> <p><b>John Denver-</b> Bacon &amp; scrambled eggs on grilled cornbread with pepper jack hollandaise <b>\$10</b></p> <p><b>Elvis' Memphis Scramble-</b> Scrambled eggs with bacon, maple sausage, green peppers &amp; onions, topped with pepper jack hollandaise <b>\$11</b></p> <p><b>Crab Cauliflower Cakes-</b> Topped with lime cilantro aioli over dressed field greens <b>\$10</b></p> <p><b>Breakfast Sandwich-</b> Choice of meat, &amp; cheese on hard roll with fried egg <b>\$9</b></p>	<p style="text-align: center;"><b>Vegan</b> sandwiches &amp; wraps served with chips</p> <p><b>Breakfast Wrap-</b> Sweet Potato, onion, peppers, seitan, &amp; daiya cheese <b>\$9</b></p> <p><b>Vegan French Toast-</b> Oat milk, cinnamon, nutmeg, vegan French toast with syrup <b>\$9</b></p> <p><b>Coconut Curry Stir Fry-</b> Broccoli, tomatoes, kale, quinoa, red cabbage slaw, &amp; tofu <b>\$10</b></p> <p><b>Black Bean Burger-</b> Black bean &amp; carrot patty, avocado, lettuce, tomato, onion, &amp; vegan ranch with French Fries <b>\$10</b></p> <p><b>Buffalo Seitan Wrap-</b> Marinated seitan, buffalo sauce, carrots, celery, romaine, &amp; vegan ranch <b>\$10</b></p> <p><b>T.L.T.-</b> Tempeh, arugula, tomato, vegan mayo <b>\$9</b></p>
<p style="text-align: center;"><b>Sweet Treats</b></p> <p><b>Buttermilk Pancakes-</b> Triple stack served with maple syrup and choice of breakfast meat <b>\$8</b></p> <p><b>French Toast-</b> Thick sliced French toast with breakfast meat &amp; syrup <b>\$8</b></p> <p><b>Johnny Cakes-</b> Three blueberry cornbread pancakes with breakfast meat &amp; syrup <b>\$10</b></p>	<p style="text-align: center;"><b>Sides</b></p> <p><b>Homefries-</b>\$2</p> <p><b>Meat or Meat substitutes-</b>\$2</p> <p><b>Bagel/GF Toast-</b>\$2</p> <p><b>Hollandaise-</b>\$1</p> <p><b>Syrup-</b>\$1</p> <p><b>Fries-</b>\$2</p>
<p style="text-align: center;"><b>Soup, Salads, &amp; Bowls</b></p> <p><b>P.W.G.-</b> Pears, walnuts, Gorgonzola, mixed greens, &amp; balsamic vinaigrette <b>\$8</b></p> <p><b>Caesar Salad-</b> Romaine, Caesar dressing, &amp; Parmesan cheese <b>\$7</b></p> <p><b>Buddha Bowl-</b> Roasted sweet potatoes, avocado, kale, broccoli, quinoa, &amp; tofu <b>\$9</b></p> <p><b>Power Bowl-</b> Kale, garlic broccoli, crispy chickpeas, quinoa, avocado, sunflower seeds, scrambled egg, &amp; balsamic glaze <b>\$9</b></p>	<p><b>Soups-</b> Chicken Noodle or Loaded Broccoli Cheddar</p> <div style="text-align: center;">  </div>

# Beer & Wine List

## KOMBUCHA

**Aqua ViTea** - Middlebury, VT

Bluebernie & Peachmint \$6

**Yesfolk** - Troy, NY

Jasmine, Oolong, Yaupon \$5

## HARD KOMBUCHA

After Glow Citrus Rush - **Aqua ViTea** – 5.0% Middlebury, VT (12oz) \$7

Grapefruit Thyme – **Flying Embers** – 4.8% - Ventura, CA (12oz) \$7

## CIDER

**Nine Pin Hard Cider** - 6.7% - Albany, NY (12oz) \$6

signature. ginger. cidre rosé (6.9%). cucumber lime (4.7%)

**Downeast Cider** - 5.1% - East Boston, MA (12oz) \$6

Original Blend Unfiltered Cider

## BEER

Pabst Blue Ribbon Hard Coffee – **Malt Beer** – 5.0% - Milwaukee, WI (11oz) \$5

Saranac Brewery Utica Club - **Pilsner-Lager** -5.0% - Utica, NY (12oz) \$3.50

Harp - **Lager** -5.0% - Dublin, Ireland (12oz) \$4

Industrial Arts Wrench - **NE IPA** - 7.0% - Athens, NY (16oz) \$7

Sloop Juice Bomb - **Hazy IPA**-6.5%-Hopewell Junction, NY (12oz) \$6.50

Wychwood Brewery Hobgoblin – **British IPA** – 5.6% - Whitney, Oxfordshire, UK (12oz) \$4

Mikkeller Raspberry Blush - **Berliner Weisse w/ Ethiopian Coffee** - 4% - San Diego, CA (16oz) \$7

Southern Tier Crush - **Session Sour** - 4% - Lakewood, NY (12oz) \$6

White Claw - **Hard Seltzer** - 5% - (12oz) \$5

Gun Hill Mean Mean Bean - **Coffee Milk Stout** - 5.7% - Bronx, NY (16oz) \$6

Crossroads Black Rock – **Stout** – 6.8% Athens, NY (16oz) \$6

Guinness Draught - **Irish Dry Stout** - 4.2% - Ireland (16oz) \$7

## WHITE WINE

La Luca - **Prosecco** - Italy- Bright floral notes with apple & pear \$16

Charles Smith **Sangiovese Rose** – Washington State -Medium bodied, crisp clean. \$17

Alverdi - **Pinot Grigio** – Terre Delgi Osci – Dry with lively fruit flavors. \$17

Wente “Morning For” - **Chardonnay** - California – Flavors of pear, melon & citrus. \$18

Raeburn – **Chardonnay** – Russian River Valley - Elegant and expressive with intense fruit character. \$20

Domaine Michaud - **Sauvignon Blanc** – Loire – Bouquet of citrus & pineapple. \$18

Mount Fishtail – **Sauvignon Blanc** – Marlborough - Apple blossoms, stone & citrus fruit. \$19

## RED WINE

Substance - **Cabernet Sauvignon** – Washington State – Black currant, dark cherry, & tobacco leaf. \$ 18

Crusher - **Pinot Noir** – California – Juicy cranberry, black tea, & violet. \$17