

DRINK MENU

COFFEE

Iron Gate Signature Coffee- \$2.50

Cold Brew Coffee -\$5

Iced Coffee - \$3

Iced or Hot Latte -\$6 Choice of Almond, Oat or Whole Milk
(Meadowbrook Farms)

Iron Gate Signature Blend Espresso -Single \$3 -Double \$4

Cappuccino- \$6

*Add A Shot of Your Favorite Torani Syrup
To Your Coffee, Cappuccino or Latte! \$.50

Vanilla

Caramel

Coconut

Hazelnut

Almond

Peppermint

SEASONAL BREWS

Irish Cream and Coffee- \$6.00

Hot Chocolate - \$4 *Try it with a shot of Irish Cream! add \$3

TEA

(Supplied by The Whistling Kettle, Troy, NY.)

Please Select:

English Breakfast, Sencha Green, Lavender Earl Gray,
Blueberry Pomegranate Goji Berry Green,
Chamomile Bilberry, Grapefruit Pomelo
Peppermint,
Happy Tea - \$6

Chai Tea \$5 / Dirty Chai \$7

Black or Green Iced Tea- \$3

Dr. Brew Kombucha

Choice Of: Clear Mind, Pineapple & Guava Superberry, Love,
Island Mango, \$5

MILKS AND JUICES

Meadowbrook Farms, Clarksville NY.

Whole or Chocolate Milk

Small \$2.50 Large \$3.50

Oat or Almond Milk Small \$2.50 Large \$3.50

Orange, Cranberry, Pineapple, Apple,
Grapefruit, or Tomato
Small \$3.00 Large \$4.50

CLASSIC BRUNCH COCKTAILS

Classic Mimosa -\$9

Poinsettia- Cranberry juice and champagne \$9

Peach Bellini -Peach nectar and champagne (Mango and Guava
also available!) \$9

Morning Madras- OJ & Cranberry juices with champagne \$9

Hammerhead- Rice vodka and OJ \$9

Vodka Paloma - Rice vodka, lime juice, grapefruit juice,
sparkling topper-\$9

Bloody Mary-\$9

WINES AND SPARKLING

Juan Gil Red Blend (Vegan/Sustainable) Spain- Gl \$8/Btl -\$25

Wanted Gruner Veltliner, Austria- Can \$7

La Luca Prosecco - Gl \$10/ Btle \$25

Canard-Duchene Champagne 750ml -\$55

BEERS AND CIDERS

Crossroads Lager- 5.2% - \$6

Crossroads Brewing 'Outrage' IPA - 7% - \$8

Crossroads Brewing 'New Normal' IPA - 6.2% - \$8

Crossroads 'Black Rock' Stout - 6.8% - \$6

Crossroads 'Local's Only' Pilsner - 4.5% - \$6

Crossroads 'Shake Me Down' Fruited Sour Ale - 4.5% - \$6

Crossroads 'Simcoe' Pale Ale - 5.0% - \$7

Crossroads Brewing is located in Athens, New York

Guinness Draught Irish Stout - 4.2% - Dublin, Ireland \$7

Nine Pin Hard Cider Albany, NY (12oz)

Choice of: Signature (6.7%) Ginger (6.9%) Rose (6.9%) \$7

DAILY SPECIALS

08.05.21

SOUP OF THE DAY: Tomato Bisque - Cup 5.00/Bowl 6.50

VEGAN MUFFINS: Maple Almond or Coffee Streusel Served cold or toasted with butter or vegan substitute | 3

SHRIMP, GRITS, & BACON BITS: Pan seared jumbo shrimp finished in ranchero sauce with a poached egg and bacon bits over cheesy grits | 15

MEDITERRANEAN OMELET: Fluffy three egg omelet with roasted eggplant, mushrooms, spinach, tomatoes, and feta cheese. Served with home fries | 14

LEMON UP PANCAKES: Our triple stacked pancakes with crumbled Lemon Up Girl Scout cookies, and lemon zest. Served with your choice of breakfast meat and maple syrup. Cooked with inspiring thought to lift your spirits | 13

HUMMUS WRAP: Fried eggplant, kalamata olives, cucumber, tomatoes, red onion, greens, and roasted garlic hummus. Served with chips and a pickle. Can be made vegan without fried eggplant | 12

HULA BOWL: Sesame encrusted yellowfin tuna, served rare, with Jasmine rice, avocado, seaweed salad, sesame ginger dressed greens, and sriracha aioli | 16

DESSERT

BUTTERSCOTCH CHOCOLATE CHIP CHEESECAKE Provided by 'Rage Cakes' in Albany | 7

DRINK FEATURES

CHAMP-ITO Fresh mint muddled with local blueberries and lime, simple syrup and champagne served on the rocks | 10

ENDLESS SUMMER A frozen delight! Fresh strawberries and house made lemonade blended with ice and topped with champagne | 10

CHARLES DE FERRE SPARKLING ROSE (375 ml) Fresh and fruity nose with aromas of ripe red berries | 9

CROSSROADS BREWING LOCALS ONLY, Pilsner, 4.5%, Athens, NY | 5

CROSSROADS BREWING 'HAPPY TO BE HERE' Blueberry Wheat Ale, 5.4%, Athens, NY | 6

CROSSROADS BREWING 'SHAKE ME DOWN' Fruited Sour Ale, 4.5%, Athens, NY | 6

TECATE Lager, 4.5%, Baja California | 4

21ST AMENDMENT 'Hell or High Watermelon' Fruited Wheat Beer 4.9%, CA | 5

THE IRON GATE CAFÉ MENU

The Kings Classics

*Add Avocado Or Fruit | 3

Bacado Omelet Bacon, salsa fresca, avocado, Cheddar and sour cream. Served with home fries and toast | 14

The Priscilla Omelet A fluffy three egg omelet with spinach, prosciutto, Swiss cheese and homemade pesto from the Iron Gate Garden! Served with home fries and your choice of toast. | 15

John Denver Bacon and scrambled eggs with Pepper Jack hollandaise over grilled cornbread. Served with home fries | 14

Elvis' Memphis Scramble Three egg scramble with bacon, Vermont sausage, green peppers and onions topped with melted Pepper Jack cheese. Served with grilled cornbread and home fries | 15

Farmhouse Hash Local sausage and sweet potato hash topped with local farm poached eggs. Topped with Pepper Jack hollandaise and served with dressed greens (Gf) | 15

Breakfast Burrito Sausage, scrambled eggs, jalapenos, potatoes, Cheddar cheese (inside and out) and avocado spread topped with ranchero and served with a side of dressed greens | 14

* Make it vegetarian! substitute with Beyond Sausage | 2.

Slate Plate Slate River Farms pork sausage links topped with two Slate River Farms sunny side up eggs. Served home fries and toast | 14

Two Eggs Any Style With your choice of breakfast meat and toast. Served with home fries | 9

Benedict's

Served With Home Fries Or Greens.

The Iron Gate Two poached eggs and applewood smoked ham on a toasted english muffin topped with Pepper Jack hollandaise | 14

Phoenix Rising Two poached eggs with avocado over house-made black bean sliders. Topped with Pepper Jack hollandaise (Gf) | 15

Avocado Toast Two poached eggs on top of sourdough toast with smashed avocado and salsa fresca | 14

Coastline Benedict Two poached eggs on buttermilk biscuits with spinach, tomato and crab hollandaise | 15

Sweet Treats

Extra Syrup? \$1

French Toast Two pieces of thick sliced french toast with local maple syrup and your choice of breakfast meat | 12 Add Fresh Berries and Whipped Cream | 2

Buttermilk Pancakes Triple stacked served with maple syrup and your choice of breakfast meat | 12
Single Pancake | 3 Add Chocolate Chips | 1 Add Blueberries | 1

Raspberry Brie French Toast Two pieces of french toast with a spread of melted brie and raspberry jam | 13

Stuffed French Toast Two slices of thick cut french toast stuffed with a fried egg, Cheddar cheese and your choice of breakfast meat. Served with home fries | 15

18% GRATUITY WILL BE ADDED FOR PARTIES OF 5 OR MORE.
WE CANNOT SPLIT CHECKS FOR PARTIES OVER 5

THE IRON GATE CAFÉ MENU

Vegan

*Add Avocado Or Fruit | 3

Vegan Gluten/ Free Pancakes Triple stacked and topped with fresh blueberries. Served with maple syrup and your choice of breakfast meat | 14 Single Pancake | 3

Ultimate Vegan Breakfast Sandwich Beyond Sausage, tofu, vegan cheese, pickled red onion and avocado on a vegan brioche bun | 13

Vegan French Toast Three slices of vegan french toast made with almond milk, cinnamon and nutmeg. Served with fruit and granola | 13

Tofu Scramble Scrambled marinated tofu, spinach, green peppers and onions | 12
Add Vegan Cheese | 3 Add Beyond Sausage | 4 Add Avocado | 3

Vegan Buffalo Wrap Plant based chicken strips tossed in buffalo sauce with carrot, celery, greens and vegan ranch. Served with chips and a pickle | 14 Substitute fries or dressed greens | 2

Buddha Bowl Sweet potatoes, avocado, broccoli, quinoa, spinach, Sweet Thai Chili sauce and tofu | 13

Black Bean Burger House made black bean burger, avocado, lettuce, tomato, onion and vegan ranch on vegan brioche bun. Served with french fries | 14 Add Cheese | 1

Don't Call Me Chicken Dr. Praeger's Chickenless breast tossed in BBQ with lettuce, tomato, onion, and vegan lime mayo. Served with french fries | 15 Add Vegan Cheese | 1

Sandwiches

Club Chicken Grilled chicken melted Swiss cheese, chipotle mayo, lettuce, tomato, onion, bacon and an avocado smear. Served with french fries | 15

All American Burger Slate River Farms beef patty topped with American cheese, finely chopped onion and pickles. Topped with ketchup and mustard and served with french fries | 15

Kickin' Chicken Fried chicken with lettuce, pickles and zesty aioli on a brioche roll. Served with french fries | 14 Add Cheese | 1

Quesadilla Pepper Jack and Cheddar cheeses in a grilled tortilla with a side of sour cream & salsa | 9
Add Black Bean Burger | 4

Add Shrimp | 5 Add Avocado | 3
Add Bacon | 3 Add Chicken | 5

B.L.A.S.T. House-roasted turkey with bacon, avocado, lettuce and tomato on toasted sourdough with a pesto aioli. Served with chips and a pickle | 13 Substitute french fries | 2

Salads And Bowls

S.W.G. Sliced strawberries, walnuts and goat cheese over mixed greens with balsamic vinaigrette | 9

Buffalo Chicken Salad Breaded fried chicken tossed in buffalo sauce, red onion, carrot, cucumber and tomato over mixed greens with bleu cheese dressing | 13

Thai Shrimp Bowl Sweet Thai Chili shrimp, cabbage, quinoa, kale, carrots, cucumbers, avocado and lime | 16

18% GRATUITY WILL BE ADDED FOR PARTIES OF 5 OR MORE.
WE CANNOT SPLIT CHECKS FOR PARTIES OVER 5