



900 CONFERENCE DRIVE | GOODLETTSVILLE | NASHVILLE (615) 851-2433
 CHEFSMARKET.COM | MON-THUR 10:30AM-8:30PM FRI-SAT 10:30AM-9:00PM

COMFORT MEALS

INCLUDES YOUR CHOICE OF TWO SIDES AND A HOMEMADE ROLL

JERUSALEM CHICKEN

SPRINGER MOUNTAIN FARM CHICKEN MARINATED WITH HERBS, WHITE WINE & OLIVE OIL. SLOW ROASTED WITH OLIVES, CAPERS & PRUNES **12.99**

NEW ENGLAND POT ROAST

TENDER BEEF ROASTED AND GARNISHED WITH CARROTS, ONION & CELERY WITH A DEMI-GLACE **13.99**

CAJUN SALMON FILET

FRESH SEARED SALMON WITH A LIGHT CAJUN SEASONING & POACHED WITH A COURT-BOUILLON **15.99** ADD CRAWFISH JULIE SAUCE **2.50**

MANSKERS MEATLOAF

A HEARTY, AMERICAN CLASSIC MADE WITH GROUND CHUCK, PEPPER JACK CHEESE & OUR SAVORY SPICE BLEND **12.99**

HOT CHICKEN SALAD

DICED CHICKEN BREAST BAKED WITH ALMONDS, CELERY & A CREAMY CHEESE SAUCE TOPPED WITH CHEDDAR CHEESE & TORTILLA STRIPS **11.99**

VEGETABLE PLATE

CHOOSE THREE HOT SIDES TO CREATE YOUR OWN VEGGIE PLATE **9.99**

ASK ABOUT OUR DAILY FEATURES

LEAF SALADS

INCLUDES YOUR CHOICE OF A HOMEMADE ROLL OR TOAST POINTS

THE CLUB MED MIXED GREENS, GOAT CHEESE, PINE NUTS, STRAWBERRIES, SESAME SEED VINAIGRETTE **ENTRÉE 10.99, HALF SIZE 7.49**

THE APPLE JACK MIXED GREENS, GRILLED CHICKEN, BLUE CHEESE, GRAPES, SPICY PECANS, GREEN APPLES, SPICY PECAN VINAIGRETTE **ENTRÉE 13.49, HALF SIZE 9.49**

YOU GREEK, ME GREEK ROMAINE LETTUCE, OLIVES, FETA, ARTICHOKE, GRAPE TOMATOES, CUCUMBERS, HUMMUS, ARTICHOKE VINAIGRETTE **ENTRÉE 10.99, HALF SIZE 7.49**

THAI YUM SRIRACHA HONEY SHRIMP & BRUSSELS SPROUTS, SPINACH, GOAT CHEESE, RYE CRUMBLE, SRIRACHA HONEY VINAIGRETTE **ENTRÉE 13.49**

BASELINE YOUR CHOICE OF GREENS, CHICKEN OR TUNA SALAD & SALAD DRESSING. TOPPED WITH GRAPE TOMATOES & CUCUMBERS **ENTREE 13.49, HALF SIZE 9.99**

FAIRBANKS GRILLED SALMON, SPINACH, ROSEMARY POTATOES, GREEN BEANS, ALMONDS, FETA, BALSAMIC VINAIGRETTE **ENTRÉE 12.99 HALF SIZE 9.99**

ALPINE AVACADO MIXED GREENS, AVOCADO, ORANGES, GOAT CHEESE, PISTACHIOS, AVOCADO VINAIGRETTE **ENTRÉE 10.99 HALF SIZE 7.49**

HAIL CAESAR! ROMAINE LETTUCE, SHREDDED PARMESAN, HOMEMADE PARMESAN CROUTONS, CAESAR DRESSING **ENTRÉE 10.99, HALF SIZE 7.49**

SUPERFOOD SPINACH, FIVE GRAIN SALAD, BLUEBERRIES, AVOCADOS, AGAVE HERB VINAIGRETTE **ENTRÉE 12.49 HALF SIZE 9.99**

DESIGN IT YOU'RELF YOUR CHOICE OF GREENS, FIVE SALAD TOPPINGS, SALAD DRESSING **ENTRÉE 10.99, HALF SIZE 7.49**

ADD GRILLED CHICKEN 3.25 PROTEIN MARKET SALAD 3.99

MARKET SALAD TRIO

CHOOSE FROM ANY **THREE** OF OUR **MARKET SALADS BELOW.** INCLUDES CHOICE OF HOMEMADE ROLL OR TOAST POINTS **11.99**

OLD FASHIONED CHICKEN SALAD
SMOKED MEXICAN CHICKEN SALAD

CURRY CHICKEN SALAD

LEMON BASIL TUNA

ITALIAN PASTA

BLACK BEAN SALAD

BROWN RICE & CHICK PEA

TABOULEH

FIVE GRAIN

SCARLET QUINOA

WILD RICE ORZO

BROCCOLI CHEDDAR SALAD

KALE & APPLE SALAD

CUCUMBER & TOMATO SALAD

JICAMA ORANGE COLE SLAW

JALAPENO PIMENTO CHEESE

DICED MIXED FRUIT

AMBROSIA FRUIT SALAD

WHITE CHOCOLATE BANANA PUDDING

MARKET SALADS TAKEAWAY

1/2 PINT **3.99** CHICKEN OR TUNA SALADS **4.99**
 PINT **7.99** CHICKEN OR TUNA SALADS **9.99**
 QUART **14.99** CHICKEN OR TUNA SALADS **18.99**

SOUP & SALAD

A BOWL OF SOUP +
 A MARKET SALAD OR SELECT LEAF SALAD +
 A HOMEMADE ROLL OR TOAST POINTS
11.49

APPETIZERS

CHEF'S FAMOUS
SANTE FE SPINACH CON QUESO DIP &
GOURMET TORTILLA CHIPS **9.99**

HUMMUS & PITA **9.99**

JALAPENO PIMENTO CHEESE
& TOAST POINTS **9.99**

FEEDS 2 ~ 4

HOUSE MADE SOUP

CHOOSE FROM CHICKEN TORTILLA, CLAM CHOWDER
OR OUR DAILY SOUP FEATURE.

INCLUDES A HOMEMADE ROLL OR TOAST POINTS
BOWL **4.50** CUP **2.99**

BURGERS & SANDWICHES

INCLUDES CHOICE OF FRENCH FRIES, ONION RINGS, TORTILLA CHIPS,
HOT SIDE, MARKET SALAD, LEAF SALAD OR SOUP

CLASSIC CLUB B BLACK FOREST HAM, OVEN
ROASTED TURKEY, SWISS, CHEDDAR, BACON, ROMAINE,
TOMATO & DIJON MAYO ON GRILLED BRIOCHE BREAD **11.99**

GRILLED PIMENTO CHEESE & BACON

JALAPEÑO PIMENTO CHEESE & BACON GRILLED
ON BRIOCHE BREAD **11.99**

PRIME RIB SHAVED PRIME RIB & MELTED
PROVOLONE ON A TELERA ROLL WITH AU JUS &
HORSERADISH CRÈME FRAÎCHE ON THE SIDE **11.99**

REUBEN GRILLED CORNED BEEF, MELTED SWISS,
THOUSAND ISLAND DRESSING, SAUERKRAUT
ON MARBLED RYE **11.99**

ITALIAN SUB BLACK FOREST HAM, SALAMI,
PEPPERONI, BASIL MAYO, CAPICOLA, PROVOLONE & OLIVE
RELISH ON A TELERA ROLL **11.99**

BLACK ANGUS THREE CHEESE BURGER

HALF-POUND BEEF PATTY, SWISS, CHEDDAR, PROVOLONE,
ROMAINE, TOMATO & PICKLE ON A WHEAT BUN **11.99**

THROWBACK BURGER HALF-POUND BEEF
PATTY, BACON, CHEDDAR, HONEY BARBECUE SAUCE,
ROMAINE, TOMATO, RED ONION & PICKLE ON A WHEAT BUN
12.99

SCUTTLEBUTT VEGGIE

SANDWICH PROVOLONE, AVOCADO, CUCUMBER,
TOMATO, MIXED GREENS & BASIL MAYO
ON WHEAT BREAD **11.99**

WRAPS

INCLUDES CHOICE OF ONE HOT OR COLD SIDE **11.49**

OLD FASHIONED CHICKEN WRAP

SOUTHERN PECAN & GRAPE CHICKEN SALAD IN A
WHEAT TORTILLA WITH MIXED GREENS & TOMATO,
SEALED WITH CREAM CHEESE

ITALIAN DELI WRAP

BLACK FOREST HAM, PEPPERONI, SALAMI, PROVOLONE,
CAPICOLA, CHERRY PEPPERS, ROMAINE & BASIL MAYO
IN A GARLIC HERB TORTILLA. SEALED WITH
CREAM CHEESE

CURRIED CHICKEN SALAD WRAP

CURRIED CHICKEN SALAD WITH RAISINS,
SLICED APPLE & MIXED GREENS IN A SPINACH
HERB WHEAT TORTILLA, SEALED
WITH CREAM CHEESE

COLORADO CHICKEN SALAD WRAP

SMOKED MEXICAN CHICKEN SALAD, JICAMA
ORANGE COLESLAW & MIXED GREENS IN A TOMATO
TORTILLA, SEALED WITH CREAM CHEESE

BASIL THAI TUNA WRAP

BASIL THAI TUNA SALAD, JICAMA ORANGE COLESLAW,
MIXED GREENS & BASIL MAYO IN A SPINACH
TORTILLA, SEALED WITH CREAM CHEESE

CALIFORNIA WRAP

MIXED GREENS, SUNFLOWER SEEDS, TOMATO,
AVOCADO, BROCCOLI, KALE, BRUSSEL SPROUTS,
CARROTS, RED CABBAGE & SESAME VINAIGRETTE IN
A TOMATO TORTILLA SEALED WITH HUMMUS

THREE BEAN WRAP

BLACK BEANS, GARBANZO BEANS, LENTILS, CARROTS,
RED ONION, BELL PEPPER, BROWN & RED RICE, CELERY,
TOMATO, MAYO & FRESH HERBS IN A TOMATO
TORTILLA, SEALED WITH HUMMUS

CLUB HOUSE WRAP

BLACK FOREST HAM, PEPPERED TURKEY, SWISS,
CHEDDAR, ROMAINE, TOMATO, DIJON MAYO & BACON
IN A WHOLE WHEAT TORTILLA, SEALED
WITH CREAM CHEESE

ALL OUR HAMBURGERS ARE COOKED TO THE REQUIRED MINIMUM TEMPERATURES. UPON REQUEST,
WE WILL COOK TO YOUR SPECIFICATIONS. HOWEVER, CONSUMING RAW OR UNCOOKED HAMBURGERS
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

DESSERTS OUR FAMOUS CAKES & COOKIES ARE MADE FRESH IN-HOUSE

CAKE BY THE SLICE

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| STRAWBERRIES & CREAM | 5.49 |
| CHOCOLATE ELVIS | 5.49 |
| LEMON CURD | 5.49 |
| GERMAN CHOCOLATE | 5.49 |
| FLOURLESS CHOCOLATE | 5.49 |
| N.Y. STYLE CHEESECAKE | 5.49 |
| CARAMEL | 5.99 |
| CARROT | 5.99 |
| ULTIMATE CHOCOLATE | 5.99 |

COOKIES

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| CHOCOLATE CHIP | 2.25 |
| OATMEAL CHOCOLATE | |
| RAISIN | 2.25 |
| PEANUT BUTTER | 2.25 |
| ALMOND JOY - coconut, almond & chocolate chips | 1.85 |
| CHOCOLATE TRUFFLE | 1.49 |

WHOLE CAKES 55-60 PRICES VARY FOR SPECIALTY & SEASONAL CAKES