

HEALTHY CHOICES

Most of our Healthy Choice options are under 600 calories.

- HEALTHY CHOICE LIFE BOWL** **\$8.39**
Rice accompanied by Southwest seasoned chicken, black beans, corn, pico de gallo, chick peas, cilantro and fresh lime. (Under 600 calories)
- GRILLED CAJUN HADDOCK** ^{CS} **\$10.99**
Cajun spiced haddock topped with a fresh made pico de gallo and fresh lemon. Served with fresh garden vegetables.
- BALSAMIC CHICKEN SALAD** ^{CS} **\$10.99**
Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted red peppers, olives, Romano cheese, grilled chicken and scallions.
- SURF 'N TURF** ^{CS} **\$14.79**
6oz USDA Angus Flat Iron steak served with sautéed shrimp lightly seasoned with Cajun spices and fresh vegetables. (Under 800 calories)
- SPICY ASIAN STIR FRY** **\$11.39**
Sautéed shrimp mixed with veggies and mushrooms in a spicy chili sauce. Served over seasoned rice.
- CHICKEN FRESCA** ^{CS} **\$10.99**
Chicken tenders sautéed in our light tomato white wine sauce with mushrooms, tomato bruschetta, roasted red peppers, Romano cheese, scallions and fresh lemon. Served over seasoned rice.
- SEARED CHICKEN MEDITERRANEAN WRAP** **\$10.19**
A whole grain protein wrap filled with grilled chicken, guacamole, lettuce, roasted red peppers, cucumbers, banana peppers and a drizzle of Balsamic vinaigrette. Served with fresh vegetables and a pickle. (Under 700 calories)

SHAREABLE DESSERTS

- COOKIE MONSTER** **\$5.99**
Two warm chocolate chip cookies topped with vanilla ice cream, hot fudge and whipped cream.
- BAKED APPLE CRUMB PIE** **\$6.19**
Homemade and topped with vanilla ice cream, caramel, whipped cream and cinnamon.
- CHOCOLATE PEANUT BUTTER PIE** **\$5.99**
Homemade with chocolate crumb crust, creamy peanut butter, topped with semi-sweet chocolate and whipped cream.
- HOMEMADE CHEESECAKE** **\$5.99**
Our homemade cheesecake topped with your choice of cherries, hot fudge or chocolate & cream cookie crumbs.

BEVERAGES

FRUIT SMOOTHIES (NON-ALCOHOL)
Wild Berry • Strawberry

FRESHLY SQUEEZED LEMONADE
Original • Cherry • Pomegranate • Blue Raspberry

PEPSI FOUNTAIN PRODUCTS
ICED TEA • COFFEE • HOT TEA
Free refills on above beverages.

BOTTLES
San Pellegrino | Gatorade | G2 | IBC Rootbeer

\$5⁷⁵

STARTERS & SNACKS

HAPPY HOUR

Monday thru Friday
Dine-in only.
3:30pm to 6:00pm

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa

\$5⁰⁰

STARTERS & SNACKS

LATE NIGHT

Sunday thru Thursday
Dine-in only.
Starting at 9pm

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa
Tex-Mex Egg Rolls
Veggie Quesadilla

\$5⁹⁵

TENDER APPS AFTER 9PM

SUNDAY THRU THURSDAY WITH DRINK PURCHASE

Tully's Original Tender Apps
Served with fries and Tully's Honey Mustard sauce.
Sub Buffalo or Asian Tenders add \$0.20. Dine-in only.

DID YOU KNOW?

Many of our menu items are made fresh in our kitchen daily and from scratch!

Chocolate Peanut Butter Pie	Balsamic Vinaigrette
Cheesecake	Baked Potato Soup
Baked Apple Crumb Pie	French Onion Soup
Honey Mustard	Tex-Mex Egg Rolls
Ranch Dressing	Mile High Meatloaf

These items are always fresh, never frozen:

Burgers
Chicken Breast
Chicken Tenders
Imported Italian Pasta
Jumbo Chicken Wings

We do our best to bring you the freshest food made from the best ingredients. Everything is cooked to order, never ahead of time. You can taste the difference!

A Special Thanks to Following Brands



T12 1117

Tully's

HOMEMADE FOOD AT A GREAT VALUE.

STARTERS & SNACKS

The Best Chicken Tenders on Earth®

Our chicken tenders are fresh, non-marinated, never frozen and all-natural.

TULLY'S TENDERS® \$9.99

Hand battered chicken tenders served with fries and Tully's Honey Mustard.

BUFFALO TENDERS \$10.09

Tully's Tenders® dipped in Buffalo wing sauce. Served with fries and creamy Bleu cheese.

ASIAN TENDERS \$10.09

Tully's Tenders® tossed in a sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries and Tully's Ranch.

MOZZARELLA STICKS **\$8.19**
Lightly battered and served with our own marinara sauce.

LOUISIANA CRAB DIP **\$8.69**
Creamy homemade imitation crab with a little zing! Served with tortilla chips.

CHICKEN-N-CHEESE **\$8.99**
Tully's Tenders® and mozzarella sticks with Tully's Honey Mustard and our own marinara sauce.

SPINACH & ARTICHOKE DIP ^{CS} **\$8.89**
Creamy Romano cheese, spinach and artichokes. Topped with tomatoes, scallions, Jack-cheddar cheese. Served hot with tortilla chips and salsa.

BUFFALO TENDER MELT **\$8.99**
Tully's Buffalo Tenders on top of fresh, hot fries smothered with homemade nacho cheese sauce, diced tomatoes, scallions and melted Jack-cheddar cheese.

GARLIC PARM WINGS **\$10.89**
Over a pound of fresh, jumbo wings, lightly dusted with flour then tossed in our homemade garlic Parmesan sauce. Celery and ranch dressing included.

TULLY'S ORIGINAL WINGS **\$10.89**
Over a pound of our fresh, jumbo wings lightly dusted with flour. Choose from Tully's signature sauces: Mild, Medium or Hot. Celery and Bleu cheese included.

TULLY'S BUFFALO WINGS ^{CS} **\$10.89**
Over a pound of our fresh, jumbo Buffalo style chicken wings tossed in homemade Buffalo sauce. Celery and Bleu cheese included.

10 TULLY'S TENDERS® **\$12.99**
Served with Tully's Honey Mustard sauce. Sub Buffalo Tenders add \$0.50.

SUPER NACHOS ^{CS} **\$9.99**
Tortilla chips topped with a mix of spicy beef and refried beans, Jack-cheddar cheese, lettuce, olives, pico de gallo, jalapeños, scallions, & sour cream and salsa on the side.

LOADED FRIES **\$10.19**
Smothered with melted Jack-cheddar cheese, bacon bits and Ranch for dipping.

CHICKEN WING DIP ^{CS} **\$9.19**
Our homemade spicy dip topped with melted Jack-cheddar cheese, tomatoes, scallions and sour cream. Served with tortilla chips.

TEX-MEX EGG ROLLS **\$8.99**
Filled with spicy chicken, corn, black beans, peppers, onions and melted cheese. Served with spicy Cajun sauce and salsa.

VEGGIE QUESADILLA **\$8.69**
A flour tortilla packed with cheese, tomatoes, jalapeños, black olives & scallions. Served with sour cream and pico de gallo.....Add chicken \$2.39

As of April 2017, we have sold
195,527,538
of the Best Chicken Tenders on Earth®

HOMEMADE SOUPS

Made fresh in our own kitchen.

- HOMEMADE CHILI**.....\$4.99
Thick and hearty. Topped with melted cheddar cheese.
- BAKED POTATO** ^{CS}\$4.59
Loaded with chunks of Idaho potatoes, celery, bacon bits & Jack-cheddar cheese.
- FRENCH ONION**.....\$4.99
Served piping hot with homemade croutons, melted Swiss and mozzarella.

SALAD ENTRÉES

Served with garlic bread and choice of dressing:

- Tully's Honey Mustard ^{CS} Dijon Balsamic Vinaigrette ^{CS} Creamy Bleu Cheese ^{CS}
Tully's Ranch ^{CS} Red Wine Vinaigrette ^{CS} Add crumbly Bleu Cheese \$.75
Fat-free Italian ^{CS} Thousand Island ^{CS}

- MEXICAN CHOPPED SALAD**.....\$10.69
Southwest grilled chicken, corn, black beans, pico de gallo, cucumbers, guacamole, red onions and Jack-cheddar cheese. Served over Romaine and iceberg lettuce, tossed with a salsa ranch.
- GRILLED CHICKEN CAESAR SALAD**\$10.69
Crisp Romaine tossed with Caesar dressing and homemade croutons, topped with grilled chicken.
- TULLY'S TENDER SALAD**.....\$10.79
Salad greens, fresh vegetables, black olives, Jack-cheddar cheese topped with Tully's Tenders® sub Buffalo Tenders \$.20
- TAVERN STEAK SALAD** ^{CS}\$12.99
Mixed greens tossed with red wine vinaigrette, cucumbers, diced tomatoes, scallions, potatoes and topped with grilled USDA Choice Flat Iron steak and crumbly Bleu Cheese.
- BALSAMIC CHICKEN SALAD** ^{CS}\$10.99
Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted peppers, olives, Romano cheese, grilled chicken and scallions.
- MEDITERRANEAN CHICKEN SALAD** ^{CS}\$10.99
Mixed greens tossed with our Dijon Balsamic vinaigrette, red onions, chick peas, kalamata olives, cucumbers, roasted red peppers and sliced tomatoes. Topped with herb grilled chicken and Feta cheese.
- BBQ CHICKEN SALAD** ^{CS}\$10.49
Romaine and iceberg lettuce tossed with homemade ranch, black beans, corn, cheddar-Jack cheese. Topped with scallions, cilantro, diced tomatoes, tortilla chips and BBQ grilled chicken.

HUGE DELI SANDWICHES

Served with a pickle spear.

Add fries, loaded potato salad or fat-free pasta salad \$2.59. Add side salad \$1.59.

- THE ULTIMATE BLT**.....\$8.99
Crisp bacon, lettuce, tomato and mayo on country white bread.
- CLASSIC TUNA MELT ON RYE**.....\$9.49
Grilled with melted cheddar cheese and sliced tomatoes.
- NEW YORK GRILLED REUBEN**\$10.59
Corned beef, Thousand Island dressing, sauerkraut and melted Swiss on rye.
- THE ULTIMATE GRILLED CHEESE**\$7.99
Cheddar, yellow American and white American cheese on country white bread. Add tomato \$1.00. Add bacon or ham \$1.79

TULLY'S FAVORITES

Substitute a side salad for coleslaw \$1.29.

- CALIFORNIA FISH TACO**..... \$10.99
A crisp tortilla packed with hand breaded haddock, melted cheese, black beans, pico de gallo, scallions, black olives, jalapeños and our spicy homemade dressing. Served with rice and beans.
- CAJUN PORK CHOPS** ^{CS} \$10.99
Two hand-cut loin pork chops seasoned Cajun style, grilled to perfection. Topped with sautéed onions and mushrooms. Served with choice of potato and coleslaw.
- FISH FRY HADDOCK DINNER**\$11.19
Lightly breaded haddock with choice of potato, coleslaw and tartar sauce.
- SMOTHERED CHICKEN** ^{CS}\$11.99
Two grilled chicken breasts smothered with onions, peppers, mushrooms, melted American cheese, topped with diced tomatoes. Served with choice of potato & coleslaw.
- SEAFOOD COMBO**.....\$11.19
Hand breaded shrimp and lightly breaded haddock, served with choice of potato and coleslaw.
- MILE HIGH MEATLOAF** *Mashed potatoes available after 4pm*\$11.19
Homemade meatloaf (contains mushrooms) served on top of country mashed potatoes and topped with fresh gravy. Served with a side of coleslaw.

The Best Chicken Tenders on Earth®

Our chicken tenders are fresh, non-marinated, never frozen and all-natural.

- TULLY'S TENDER DINNER**® \$10.99
Fresh hand battered chicken tenders with fries. Served with Tully's Honey Mustard and coleslaw.
- BUFFALO TENDER DINNER**\$11.19
Tully's Tenders dipped in house Buffalo sauce. Served with fries, Bleu Cheese and coleslaw.
- ASIAN TENDER DINNER**\$11.19
Tully's Tenders dipped in house sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries and coleslaw.

ADD 3 TULLY'S CHICKEN TENDERS TO ANY MEAL FOR \$4.49

Served with Tully's Honey Mustard sauce.

SANDWICH PLATTERS

Served with a pickle spear & choice of fries, loaded potato salad or fat-free pasta salad. Add a side salad \$1.59.

- FISH FRY HADDOCK SANDWICH** \$9.49
Lightly hand breaded haddock, served with lettuce and a side of tartar sauce.
- MUSHROOM SWISS CHICKEN SANDWICH** \$9.59
Seasoned grilled chicken breast topped with mushrooms and Swiss cheese on a toasted bun with shredded lettuce and mayo.
- WEST COAST CHICKEN SANDWICH**\$9.99
Grilled chicken breast topped with pepper-jack cheese, crisp bacon and fresh made guacamole on a toasted roll with spicy mayo, lettuce and tomato.
- BUFFALO CHICKEN**.....\$9.99
Hand battered chicken breast dipped in Buffalo sauce, topped with Bleu Cheese.
- RANCH CHICKEN**.....\$9.99
Chicken breast hand battered and lightly fried. Topped with American cheese, lettuce, tomato, bacon and homemade ranch dressing.
- CHEESE STEAK**.....\$9.99
Sliced sirloin topped with onions, peppers, mushrooms and melted American cheese.
- BLACKENED CHICKEN PHILLY**\$9.99
Blackened chicken topped with onions, peppers, mushrooms and melted pepper-Jack cheese.
- THE TULLY**\$9.99
Sliced turkey and ham, grilled. Topped with melted white American cheese, bacon, lettuce and tomato.

BURGERS

Fresh ground, never frozen steak burgers.
Burgers are prepared medium, medium-well, or well done. Served with a pickle spear & fries. Add a side salad \$1.59.

- BASIC BURGER** \$9.69
Lettuce and tomato.
- CHEESE BURGER** \$9.99
Lettuce, tomato and choice of American, cheddar, Swiss or pepper-Jack.
- THE CLUB BURGER**® \$9.99
Two ¼lb patties, bacon, American cheese, lettuce, special sauce, ketchup, diced onions and pickles.
- BAJA BURGER** \$10.69
Pepper-Jack cheese, bacon, lettuce, tomato, spicy mayo and fresh made guacamole.
- MOUNTAIN MELT BURGER** \$10.99
Our huge burger packed between our Ultimate Grilled Cheese with lettuce, tomato and mayo.
- BACON CHEESE BURGER** \$10.99
Five strips of bacon, American cheese, lettuce, tomato and mayo.
- STEAKHOUSE BURGER**..... \$10.69
Cheddar, sautéed mushrooms, bacon and steak sauce.
- TULLY'S TRIPLE CHEESE BURGER** \$10.99
Three quarter pounders layered with yellow American, Cheddar and white American cheeses, shredded lettuce, pickles and Thousand Island Dressing.
- FIREHOUSE BURGER**\$10.19
Pepper-Jack cheese, jalapeños, spicy mayo, lettuce, tomato and tangy salsa.
- MUSHROOM SWISS BURGER**.....\$10.19
Sautéed mushrooms and melted Swiss cheese.
- TURKEY BURGER**.....\$9.29
½lb Juicy ground seasoned turkey grilled with lettuce & tomato.
- GARDEN BURGER**.....\$8.99
¼lb Meatless burger with grilled red onions, lettuce, tomato, mustard, ketchup and pickles.

PASTA

We use the finest Imported Italian Pasta
Served with warm garlic bread and a side salad.

- BAKED ZITI** \$9.99
A generous portion of ziti tossed in our own marinara sauce with Romano and mozzarella cheese, then baked.
- BAKED STUFFED SHELLS** \$10.99
Pasta shells stuffed with ricotta, herbs, and mozzarella cheese. Topped with our own marinara sauce and mozzarella cheese then baked until golden brown.
- CAJUN CHICKEN PASTA**\$11.99
Fresh chicken, mushrooms and ziti tossed in a spicy Alfredo sauce.
- CHEESY CHICKEN & BROCCOLI BAKE**\$11.99
Homemade cheddar cheese sauce tossed with tender chicken, ziti and broccoli. Topped with a buttery crumb topping.
- ITALIAN COMBO**\$11.69
A classic pairing of chicken parmigiana and stuffed shells. Served with a side salad and garlic bread.
- CHICKEN & BROCCOLI ALFREDO**\$11.39
Tender chicken and broccoli tossed with fettuccine Alfredo.
- CHICKEN PARMIGIANA** \$11.19
Chicken breast breaded Italian style, topped with our own marinara sauce, Romano and mozzarella with a side of fettuccine.

^{CS} **Gluten Sensitive:** Items labeled with the ^{CS} symbol are made using gluten-free ingredients based on information from our suppliers. All of our menu items are prepared in shared cooking and preparation areas and are not completely gluten-free. Guests should inform a manager of any gluten intolerance and consider individual dietary needs when ordering.