



682 Upper Glen St. Queensbury

518-832-4443

This Week's Specials

Chicken Caesar wrap \$8.99

Grilled chicken, lettuce, croutons, parmesan cheese and Caesar dressing in a whole-wheat wrap.

Buffalo chicken salad \$8.99

Lettuce, tomato, onion, Monterey jack cheese and grilled chicken tossed in our homemade buffalo blue cheese sauce served with ranch dressing.

Bacon cheddar burger \$7.99

Our 90/10 beef patty, turkey bacon, cheddar cheese and garlic mayo served on a whole-wheat bun.

Pot Stickers \$4.99

You get five vegetarian edamame pot stickers served with a soy dipping sauce.

Beet and Kale burger \$6.49

Beet and kale patty served on a whole-wheat bun w/roasted beet and horseradish mayo, arugula, and tomato.

FX3 Stir Fry \$7.99

Grilled chicken served on rice with sautéed snow peas, red peppers, baby corn, caramelized onions and our homemade stir fry sauce in our signature bowl.

PB&J Smoothie \$6.99

Our fx3 blend, peanut butter, banana, blueberries, chia seeds and chocolate hemp protein

Shaker cups \$3.99

Buffalo shaker cup-grilled chicken, lettuce, tomato, Monterey Jack cheese and our house buffalo sauce.

Greek shaker- grilled chicken, lettuce, Kalamata olives, feta cheese, tomato and balsamic glaze.

View our entire menu on our website: www.fx3fitfoodfast.com