



682 Upper Glen St. Queensbury

518-832-4443

This Week's Specials

Hurricane Wrap \$8.99

Grilled chicken, spinach, sautéed mushrooms, onions, blue cheese crumbles and balsamic glaze dressing in wheat wrap.

The Philly Wrap \$8.99

Filet Mignon, Sautéed mushrooms, onion and peppers, Monterey Jack cheese and light spinach in whole-wheat wrap.

Grilled chicken w/stuffed sweet potato \$8.99

Seasoned baked chicken breast served with a sweet potato stuffed with our homemade black bean corn salad topped with cheddar cheese.

The turkey bacon grilled cheese and soup \$7.99

Cheddar cheese, sliced turkey breast, turkey bacon and tomato grilled on wheat bread served with choice of soup.

Edamame Pot Stickers \$5.99

5 vegetarian edamame pot stickers served with a soy dipping sauce.

Soup \$4.99-

Beet and Kale burger \$6.49

Beet and kale patty served on a whole-wheat bun w/roasted beet and horseradish mayo, arugula, and tomato.

FX3 Stir Fry \$7.99

Grilled chicken served on rice with sautéed snow peas, red peppers, baby corn, caramelized onions and our homemade stir fry sauce in our signature bowl.

PB&J Smoothie \$6.99

Our fx3 blend, peanut butter, banana, blueberries, chia seeds and chocolate hemp protein

Shaker cups \$3.99

Buffalo shaker cup-grilled chicken, lettuce, tomato, Monterey Jack cheese and our house buffalo sauce.

Greek shaker- grilled chicken, lettuce, Kalamata olives, feta cheese, tomato and balsamic glaze.

View our entire menu on our website: www.fx3fitfoodfast.com