



PROTEIN BOWLS

NAME _____ PU TIME _____

Phone # _____ Total # of pages faxed _____

✓ Choose your base

- Quinoa/Kale Blend
- Cilantro Lime White Rice
- Brown Rice
- Wild Field Greens
- Baby Spinach

✓ Choose your protein

- Grilled Chicken
- Cajun Grilled Chicken
- Marinated Flank Steak
- Grilled Veggies

✓ Choose your toppings

- Fresh Pico de Gallo
- 3-Cheese Blend
- Tri-Color Tortilla Strips
- Roasted Sweet Potatoes
- Black Beans
- Jalapenos
- Corn Salsa
- Banana Peppers
- Homemade Fried Onion Rings

Add Fresh Sliced Avocado for \$2.50

Also add _____ (.75 extra per topping over the 4 toppings)

216 Route 25A Setauket, NY 11733 www.SetauketGourmet.com

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call ahead (631) 751-1200 or fax (631) 751-1240