

Italian Sandwiches & Subs

Italians are made with cheese, onions, tomatoes, green peppers, pickles, olives, salt, pepper, and oil unless specified otherwise. Banana peppers and Greek olives also available.

	Small	Large
Regular Italian (Ham)	5.25	6.75
Veggie Italian (Double cheese)	5.25	6.75
Double Ham Italian	6.25	8.50
Salami Italian (Genoa)	6.25	8.50
Capicola Italian	6.25	8.50
Italian Cold Cut (Genoa, Capicola, Provolone)	6.95	9.50
Roast Beef Italian	7.50	9.95
Turkey Italian	6.95	9.50
Tuna or Chicken Salad Italian	6.95	9.50
<i>The following subs come with your choice of 2 veggies:</i>		
Double Ham w/Cheese	5.75	7.95
Sliced Turkey	6.50	8.95
Roast Beef	6.95	9.50
Tuna or Chicken Salad	6.50	8.95
Egg or Ham Salad	5.75	7.95

Extras cost extra

Seasonal Specialties

Lobster Roll with lettuce Please call for prices & availability
Crab Meat Roll with lettuce Please call for prices & availability
Fried Haddock Fillet on a bulkie roll Please call for availability

Deli Style Sandwiches

Available on white, wheat, marble rye, Italian bread slices, or bulkie roll.

Turkey Club with lettuce, tomato, provolone, and bacon	7.50
Turkey & Swiss with lettuce and tomato	6.95
Roast Beef with lettuce, tomato, and mayo	6.95
Italian Cold Cut with tomato, salt, pepper, and oil	6.95
Salami & Provolone with tomato, salt, pepper, and oil	6.25
Capicola & Provolone with tomato, salt, pepper, and oil	6.25
Tuna Salad with lettuce	6.50
Chicken Salad with lettuce	6.50
Sliced Turkey with lettuce, tomato, and mayo	6.50
Dagwood with lettuce, tomato, pickle, and mayo	5.75
Egg Salad with lettuce	5.75
Ham Salad with lettuce	5.75
Ham & Cheese with lettuce, tomato, and mustard	5.75

Extras cost extra

Hot Sandwiches & Subs

	Small	Large
Hot Dogs	2.69	
Hamburger	3.69	
Cheeseburger	3.99	
Poor Boy with dbl ham, tomato, mayo & provolone	6.25	
Meatball with grated cheese	6.25	8.50
B.L.T. with mayo	6.25	8.95
Sausage & Peppers with sauce and grated cheese	6.95	9.50
Meatball Parmesan	6.95	9.50
Hot Pastrami with mustard	6.95	9.50
Pastrami Melt with Swiss & mustard	7.50	9.95
Cheese Steak	7.50	9.95
Chicken Cutlet with lettuce, cheese & mayo	7.50	9.95
Buffalo Chicken with lettuce, tomato & ranch	7.50	9.95
Grilled Chicken with lettuce, tomato & honey mustard	7.50	9.95
Chicken/Bacon/Ranch with lettuce & tomato	7.95	10.50
Eggplant Parmesan	7.95	10.50
Chicken Parmesan	7.95	10.50
Loaded Grilled Chicken Bomb	7.95	10.50
Loaded Steak Bomb	7.95	10.50
<i>"Bombs" come with cheese, green pepper, onion, and mushroom</i>		

Extras cost extra

*Grilled Peppers, Onions, and Mushrooms - add 30¢ each
 Bacon or Melted Cheese - add 60¢ small, 90¢ large*

Fried Foods

	1/2 Pt	Pint	Quart
French Fries	2.50	4.50	7.95
Onion Rings	2.95	4.95	8.95
Chicken Tenders	(4) 5.99	(8) 10.99	(12) 15.95
Buffalo Tenders	(4) 5.99	(8) 10.99	(12) 15.95
Buffalo Wings	(6) 7.99		(12) 14.95
Clam Cakes	(1) 2.75	(3) 6.99	
Mozzarella Sticks		(6) 6.99	

Salads

Tossed or Caesar Salad	5.95
Tossed Salad with tuna, chicken salad, or grilled chicken	8.95
Caesar Salad with grilled chicken	8.50
Chef Salad with ham, provolone, turkey, and egg	8.50
Antipasto with salami, provolone, and banana peppers	8.50
Greek Salad with Feta cheese	8.50
Cobb Salad with Feta, egg, chicken, bacon, tomato	8.50

Feeding the family? Ask for family size, serves 2-4 people

	Small	Pint	Quart
Macaroni Salad	2.99	5.49	9.99
Potato Salad	2.99	5.49	9.99
Italian Pasta Salad	3.49	6.49	10.99

For larger sizes, please check out our Catering Price List.

Tortilla Wraps

Available on white, wheat, spinach, or tomato basil.

Italian Wrap	7.25
<i>Same as Italian plus lettuce and sprouts</i>	
Veggie Wrap	7.25
<i>Same as Veggie Italian plus lettuce and sprouts</i>	
Italian Cold Cut Wrap	9.50
<i>Same as Cold Cut Italian plus lettuce and sprouts</i>	
Sliced Turkey Wrap with pickle, tomato, lettuce, and sprouts	9.50
Classic Turkey Club	9.95
<i>with bacon, provolone, tomato, lettuce, and mayo</i>	
Chicken Salad Wrap with pickle, tomato, lettuce, and sprouts	9.50
Tuna Salad Wrap with pickle, tomato, lettuce, and sprouts	9.50
Grilled Veggie Wrap with provolone	8.50
Caesar Wrap with grilled chicken	9.50
Buffalo Chicken Wrap	9.95
Loaded Grilled Chicken Wrap	10.50
Loaded Steak Wrap	10.50

Or Design Your Own?

Extras cost extra

*Voted Greater Portland's Best Deli every year
 Since 2004*

Breakfast

Breakfast Sandwiches with egg and cheese	3.75
<i>Add bacon, ham, or sausage on an English Muffin</i>	
	4.59
<i>Add bacon, ham, or sausage on a Bagel or Bulkie</i>	
	4.89
Italian Style Breakfast Sandwich	5.59
<i>Italian bread with egg, peppers, and Italian sausage</i>	
Breakfast Wrap	6.99
<i>Ham, egg, onion, Swiss, and home fries</i>	
French Toast	5.59
French Toast with bacon or sausage	6.49
Big Deal Breakfast	7.25
<i>Two eggs, bacon or sausage, English muffin or toast, and home fries</i>	
Breakfast Pizza	
<i>Small (9") one topping starting at</i>	
	8.25
<i>Large (14") one topping starting at</i>	
	14.99
Large 3 Veggie Breakfast Pizza	17.99
Large 3 Meat Breakfast Pizza	18.99
Large House Special Pizza 6 toppings	20.99

Muffins • Donuts • Scones • Bagels
And Always Fresh Carrabassett Coffee

Pizza

Winner of Portland Rotary Club's 2009 Pizza Bowl

	<u>10 Inch</u>	<u>14 Inch</u>
Cheese	6.99	12.99
1 Topping	7.99	14.99
2 Toppings	8.99	16.99
3 Toppings	9.99	18.99
4 Veggie Special	10.50	19.50
<i>(onion, green peppers, olives, and mushroom)</i>		
5 Meat Special	10.99	20.99
<i>(pepperoni, hamburger, sausage, ham, and bacon)</i>		
House Special	10.99	20.99
<i>(pepperoni, hamburger, sausage, onion, green pepper, and mushroom)</i>		
Loaded	11.99	21.99
<i>(same as House Special plus olives and ham)</i>		
Extra Toppings	1.00	2.00
Premium Topping	2.25	4.50

Toppings Available

Extra Cheese • Pepperoni • Hamburger • Meatball
Sausage • Bacon • Ham • Tomato • Onion
Black Olive • Greek Olive • Feta • Mushroom
Green Peppers • Banana Peppers • Pineapple

Premium Toppings

Steak • Chicken

Cheesy Bread 10 Inch Pie - \$6.99

Calzones

Design Your Own 8.99
with pizza sauce, cheese, and any two pizza toppings
Extra Items add \$1.00 per item

Or try one of our favorites:

Meatball Parmesan	8.99
<i>with provolone and mozzarella</i>	
Sausage & Peppers Parmesan	8.99
<i>with provolone and mozzarella</i>	
Chicken Parmesan	10.50
<i>with provolone and mozzarella</i>	
Italian Cold Cut	10.50
<i>salami, capicola, tomatoes, greek olives, provolone, and mozzarella</i>	
Grilled Veggie	8.99
<i>grilled onions, peppers, mushrooms, tomatoes, olives, provolone, and mozzarella</i>	
Loaded Steak	10.50
<i>with onions, peppers, mushroom, provolone, and mozzarella</i>	

Dinners

Clam Cake with macaroni salad and fries	10.99
Chicken Tender with macaroni salad and fries	10.99
Chicken or Eggplant Parmesan	11.99
<i>with spaghetti and garlic bread</i>	
	<u>Meatless</u> <u>2 Meatballs</u> <u>2 Sausages</u>
Ziti with garlic bread	6.50 9.25 9.75
Spaghetti with garlic bread	6.50 9.25 9.75
Lasagna with garlic bread	7.95 10.75 11.25

Buckets of Pasta

Ziti or Spaghetti with sauce only	10.95
Meatballs	1.50 ea. (4) 5.75 (8) 10.99
Sausages	1.75 ea. (4) 6.75 (8) 12.99
Garlic Bread	59¢ slice (4) 1.99 (8) 3.99

Our Own Sauces

	<u>Pint</u>	<u>Quart</u>
Spaghetti Sauce	4.99	8.99
Pizza Sauce	4.99	8.99

Gluten Free?

Available at our Congress Street location:

Sweets, Sandwiches, & Pizzas

Catering

Large Catering Selection

Please visit our website or call 774-8104
for our Catering Price List

Delivery is available for most Catering orders

Sweets 'n Treats

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Our own on-the-premise bakery specializing in fresh baked:

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Your Neighborhood Store



Home of
Sweets 'n Treats

Take Out Menu

January 2022

*Voted Greater Portland's Best Deli
every year since 2004*

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Catering & Sweets 'n Treats

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