



SAATI

DELI & CATERING

Newton Plaza
586 New Loudon Road
Latham, NY 12110

Saatideliandcatering.com

Phone 518.783.1600

Fax 518.783.1655



Catering Available for All Occasions
Breakfast Meetings, Sandwich Platters,
Dessert Platters & Much More
Corporate Accounts Welcome

• **BREAKFAST & BRUNCH** •

• **BREAKFAST PLATTERS** •

All pricing is per person, Minimum 8 People

Full Size NY Bagel.....	\$3.95
Accompanied by Traditional and Flavored Cream Cheese	
Homefries	\$2.95
Fruit & Berries Platter	\$3.45
Fruit Salad.....	\$3.95
French Toast or Pancakes.....	\$3.95
Choice of French Toast or Pancakes served with Fresh Strawberries and Maple Syrup	
Cookie Platter	\$2.00
Sweet Tray	\$2.95
Elegant display of our freshly baked cookies, dessert bars and pastries	
Fancy Pastry Platter	\$6.50
Assortment of Mini Fancy Pastries & Gourmet Dessert Bars	
Breakfast Pastry Platter	\$3.95
Rugulach, Assorted Pound Cake & Danishes	
Breakfast Wrap Platter	\$4.95
Assortment of our Breakfast Sandwiches and Breakfast Wraps	
Low Fat Yogurt with Honey Granola & Fresh Berries	\$3.95

Lower Eastside Brunch..... \$21.95

Lox Platter, Whitefish Salad, Tuna Salad, Egg Salad, Herring, Tomato Platter, Assorted Cream Cheese, Bagels & Rye Bread, Rugulach or Babka, Coffee, Tea and Juice

Deluxe Brunch..... \$11.95

Scrambled eggs, Bacon or Sausage, French Toast, Fresh Strawberries and Maple Syrup and Sweet Tray

Vermont Breakfast \$6.95

Choice of French Toast or Pancakes, Bacon or Sausage, Served with Fresh Strawberries and Maple Syrup

Continental Breakfast..... \$10.95

Assortment of Cookies, Pound Cakes & Danishes, Bagels & Cream Cheese, Fresh Fruit Platter

• **BEVERAGE SERVICES** •

* All pricing is per person, Minimum 8 People

Coffee Service	\$2.25
Tea Service	\$2.25
Assortment of Herbal Teas and Decaf Tea	
Hot Chocolate	\$2.25

Hot Apple Cider	\$2.95
Assorted Cold Beverages.....	\$2.00
Spring Water	\$2.00
Assorted Juices.....	\$2.00
Sparkling Water & Flavored Sparkling Water ...	\$2.00

All Beverages Served With Appropriate Accompaniments



• LUNCH SANDWICH PLATTERS •



* All pricing is per person, Minimum 5 People

Sandwich Platter.....\$8.95

Assortment of Deli Sandwiches (from our Deli Menu) Served with Potato Salad, Macaroni Salad & Coleslaw, Appropriate Condiments, Pickles and Disposable Flatware.

Grilled Sandwich Platter\$8.95

Assortment of Grilled Sandwiches (from our Deli Menu) Served with Potato Salad, Macaroni Salad & Coleslaw, Appropriate Condiments, Pickles and Disposable Flatware.

Soup & Half Sandwiches Platter\$8.69

Assortment of Deli Sandwiches (from our Deli Menu) Served with Our Soup of the Day, Pickles and Disposable Flatware.

Sliced Meat & Cheese Platter.....\$15.45

Choice of Three Meats & Two Cheeses. Artfully Displayed and Served with Potato Salad, Macaroni Salad & Coleslaw, Pickles, Tomato Platter, Assorted Rolls & Bread, Russian, Mayo, and Mustard

Boxed Lunch.....\$8.99

Including Any Cold Sandwich from Our Deli Menu, Pickle, Side Salad & Disposable Flatware

• ADD TO ANY LUNCH PLATTER •

Soda.....	\$2.00
Chips	\$1.75
Cookies.....	\$2.00
Soup.....	\$3.00
Whole Fruit	\$1.00

• SPECIALTY GREEN SALADS •



* All pricing is per person, Minimum 10 People, Each Salad Accompanied with Choice of Dressing

Tossed Salad	\$2.50
Chicken Caesar Salad	\$2.95
Chef Salad.....	\$3.25
Greek Salad	\$3.25
Spinach Salad	\$3.25
Oriental Chicken Salad	\$2.95
Tomato & Fresh Mozzarella	\$2.95
Grilled Vegetable Salad.....	\$2.95
Crispy Chicken Salad	\$3.25
Lemon Chicken Salad	\$3.25
Avocado Salad	\$3.25
Falafel Salad	\$3.25

**For Description of All Salads
Please Refer to Our Deli Menu**



EXPRESS DINNER FOR TEN

**Choose One Entree from our
Chicken or Beef Entrees, Two
Accompaniments, Choice of Salad
from our Specialty Green Salads,
Platter of Artisan Breads and
Spreads and Dessert Platter.**

ALL FOR \$175.00



• SALAD BY THE POUND •

Tuna Salad	\$8.99	Chopped Eggplant Salad	\$10.99
Egg Salad	\$7.49	Herring in Cream Sauce	\$9.99
Egg Salad w/ Scallions	\$7.49	Herring in Wine Sauce	\$9.99
Seafood Salad	\$9.99	Chopped Herring	\$9.99
Potato Salad	\$5.99	Babaganoush	\$8.99
German Potato Salad	\$6.49	Hummus	\$6.99
Macaroni Salad	\$5.99	Tortellini Salad	\$8.99
Coleslaw	\$5.99	Sweet Green Bean Salad	\$8.99
Chicken Salad	\$8.99	Avocado Salad	\$8.99
Smokey Chicken Salad	\$8.99	Corn & Black Bean Salad	\$7.99
Pasta Salad	\$6.29	Mediterranean Carrot Salad	\$8.99
Grilled Vegetables	\$8.99	Asparagus Salad	\$8.99
Fried Eggplant	\$8.99	Asian Noodle Salad	\$11.99
Tomato & Mozzarella	\$8.99	Sesame Red Beet Salad	\$6.99
Pasta Salad	\$7.99	Maple Glazed Sweet Potato Salad	\$8.99
with Pesto, Sundried Tomatoes and Feta Cheese		Mediterranean Orzo Salad	\$8.99
Creamy Pasta Salad	\$6.29	Grilled Eggplant with Cilantro & Feta	\$8.99
Health Salad	\$5.99	Caesar Potato Salad	\$7.99
Chopped Liver	\$9.99	Plain Cream Cheese	\$4.99
Cucumber Salad	\$7.99	Flavored Cream Cheese	\$5.99
Israeli Salad	\$8.99	Vegetable, Scallion, Olive, Dill & Garlic & Sundried Tomato	
Tabouli	\$8.99		
Mushroom Salad	\$8.99		

**Smoked Fish and Assorted Deli Meats
Also Available By the Pound**

• ACCOMPANIMENTS •

*Minimum of 10 people \$3.25 per person

POTATO

Roasted Garlic Mashed Potatoes
Roasted Fingerling Potatoes
Maple Glaze Roasted Sweet Potatoes
Lemon Rosemary Potatoes
Cheddar Spinach Mashed Potatoes
Moroccan Baked Potato Wedges
Mashed Sweet Potatoes
Cranberry Citrus Glazed Yams
Roasted Red Bliss Potatoes

VEGETABLE

Green Beans Almondine
Roasted Vegetable Medley
Grilled Vegetables
Steamed or Roasted Asparagus
Extra Virgin Olive Oil Broccoli
Balsamic Portobello Frites with Spinach
Stir Fried Asian Vegetables
Spinach with Tuscan Beans
Cranberry Pecan Brussel Sprouts
Mediterranean Zucchini & Squash
Grilled Fennel & Crimini Mushrooms

RICE & GRAINS

Lemon Dill Rice
Orzo Pilaf with Spinach and Onion
Mushroom Barley Pilaf
Middle Eastern Saffron Rice
Grilled Vegetable CousCous
Fresh Herbed Rice Pilaf
Spanish Rice with Olives & Tomato
Israeli CousCous and Vegetable
Mexican Rice with Corn & Black Beans
Cranberry Pecan Wild Rice
Vegetable Fried Rice



• **HORS D'OEUVRES BY THE DOZEN** •



****Minimum 2 Dozen**

Stuffed Mushrooms.....	\$24.00
Greek Spanikopita.....	\$24.00
Coconut Chicken.....	\$36.00
Served with Sauce Accompaniment	
Coconut Shrimp.....	\$36.00
Mediterranean Cigars.....	\$36.00
Served with Tahini Sauce	
Falafel.....	\$18.00
Served with Tahini Sauce	
Teriyaki Sesame Chicken.....	\$30.00
Mini Hot Dogs.....	\$18.00
Mini Tuna Cakes.....	\$24.00
Served with Light Wasabi Sauce	
Mini Eggrolls.....	\$18.00
Served with Sauce Accompaniment	
Lamb Chops.....	Market Price
Mini Knishes.....	\$18.00
Rolled Eggplant.....	\$36.00
Stuffed with Feta Cheese, Basil and Sundried Tomatoes	
Bruschetta.....	\$30.00

Tapenade in Phyllo Cup.....	\$24.00
Available in Olive Tapenade or Artichoke Tapenade	
Pastrami Rolled Pineapple.....	\$18.00
Cheese Pick & Olive.....	\$18.00
Smoked Salmon Canapes.....	\$30.00
Smoked Tuna Canapes.....	\$30.00
Served with a Light Wasabi Sauce	
Beef Tenderloin Canapes.....	\$30.00
Shrimp Cocktail.....	\$24.00
Fruit Kabob.....	\$30.00
Beef Kabob.....	\$36.00
Served With Sauce	
Chicken Kabob.....	\$36.00
Tabouleh Cups.....	\$36.00
Garnished with Feta Cheese	
Tandoori Chicken.....	\$30.00
Sweet Chile Chicken.....	\$36.00
Fire Grilled Shrimp.....	\$36.00
Vegetable Pot Stickers.....	\$18.00
Pecan Crusted Chicken.....	\$30.00

• **PASTA DISHES** •

Minimum of 10 people, Price Per Person\$3.49

- Penne Marinara
- Linguini with Garlic, Basil & Extra Virgin Olive Oil
- Linguini with Meat Sauce
(Sausage, Pepperoni & Ground Seasoned Beef)
- Penne Primavera in a Sherry Wine Sauce
- Tri Colored Rotini in a Rich Alfredo Sauce
- Penne Toscana
(Spinach, Caramelized Onions, Sundried Tomato, & Grilled Chicken in a Sherry Wine Cream Sauce)
- Penne Portobello
(with Grilled Chicken & Spinach in a Lemon Wine Sauce)
- Pasta with Vodka Sauce
(Penne in a Tomato Absolut Vodka Cream Sauce)

• **BAKED PASTA** •

**Minimum of 10 people,
Price Per Person.....\$3.95**

- Grilled Vegetable Lasagna
- Lasagna Bolognese
- White Lasagna
- Baked Ziti
- Macaroni & Cheese
- Baked Ziti with Pesto Cream Sauce &
- Grilled Portobello Mushrooms



• CHICKEN ENTREES •

**Minimum of 10 people,
Price Per Person.....\$4.25**

- Asian Teriyaki Chicken
(marinated and grilled in a sweet teriyaki sauce, sprinkled with sesame seeds)
- Fig Honey Balsamic Chicken
(sautéed chicken with honey & balsamic sauce and fresh figs)
- Chicken Francais
(finished in a lemon butter sauce)
- Chicken Marsala
(sautéed with mushrooms, garlic and Marsala wine)
- Chicken Tuscany
(with sautéed mushroom, garlic, shallots, sundried tomatoes and finished in a sherry cream sauce)
- Chicken Shawarma
(flavored with sautéed onions and Middle Eastern spices)
- Caribbean Jerk Chicken
(marinated and grilled in a mild Caribbean Jerk chicken sauce)
- Chicken Picatta
(finished with a lemon caper butter sauce)
- Middle Eastern Chicken
(sautéed in a flavorful tomato and red pepper sauce accented with Middle Eastern spices)
- Tuscan Lemon Chicken
(finished with artichoke hearts, sundried tomatoes and a white wine sauce)
- Honey Roasted Chicken
- Herb Roasted Chicken
- Marinated Grilled Chicken
- Chicken Parmesan
- Stir Fry Chicken
- Southwest Fried Chicken

• BEEF ENTREES •

**Minimum of 10 people,
Price Per Person.....\$4.25**

- Meatballs with Marinara Sauce
(homemade beef meatballs in a zesty marinara sauce)
- Meatloaf
- Beef Stroganoff
- Beef Stir Fry
- Beef Shawarma
(flavored with sautéed onions and Middle Eastern spices)
- Puff Pastry filled with Seasoned Beef and Topped with a Mushroom Demi Sauce
\$5.45 per person

• SEAFOOD ENTREES •

**Minimum of 10 people,
Price Per Person.....\$5.95**

- Grilled Salmon Served with Lemon Dill Sauce
- Salmon Teriyaki
(marinated and grilled in a sweet teriyaki sauce, sprinkled with sesame seeds)
- Herb Baked Salmon with Lemon Dill Sauce
- Shrimp Scampi served with Linguini
- Sole Francais
(finished in a lemon butter sauce)
- Fresh Herb Baked Tilapia
- Pistachio Crusted Cod
- Apricot Anise Flounder
(baked and glazed with an apricot anise sauce)
- Fish Fry



• **VEGETARIAN ENTREES** •

Minimum of 10 people,

Price Per Person.....\$4.95

- Eggplant Moussaka
(eggplant layered with rice and a flavorful tomato and red pepper sauce accented with Middle Eastern spices)
- Eggplant Parmesan
- Vegetable Strudel
(saffron rice and vegetables, baked in a puff pastry, finished with a Mediterranean tomato and pepper sauce)

- Asian Vegetable Stir Fry over White Rice
- Grilled Vegetable Casserole with Fresh Mozzarella & Pesto
- Falafel Served with Pita, Hummus & Israeli Salad

More Vegetarian Options Featured in the Pasta Section

• **ALA CARTE PARTY PLATTERS** •

Small (serves 12-15)

Large (serves 25-35)

	Small	Large
Fruit Platter.....	\$35.....	\$65
Vegetable Platter with Dip.....	\$30.....	\$55
Tomato, Cucumber & Onion Platter	\$20.....	\$35
Middle Eastern Platter.....	\$45.....	\$80
(Hummus, Babaganoush, Stuffed Grape Leaves, Eggplant, Feta Cheese, Calamata Olives & Warm Pita)		
Lox Platter.....	\$45.....	\$80
Whitefish Platter (Artfully Displayed)	\$50.....	\$90
Cheese Platter with Crackers	\$35.....	\$65
Assorted Olive & Pickles Tray	\$40.....	\$75
Artisan Breads & Spreads	\$30.....	\$55
Hummus & Pita	\$30.....	\$55
Grilled Vegetable Platter.....	\$35.....	\$65
Chilled Salmon Teriyaki.....	\$55.....	\$95
Sliced Filet Mignon	\$15 per person	
(Served with Caramelized Onions, Mushrooms & Sauce)		
Shrimp Cocktail.....	\$50.....	\$90
Fried Mozzarella Sticks.....	\$30.....	\$55
Fried Chicken Fingers	\$35.....	\$60
Grilled Barbeque Drumsticks	\$35.....	\$60
Chicken Wings	\$25.....	\$45



• DESSERT PLATTERS •



Minimum of 5 people, Price Per Person

Assorted Gourmet Dessert Bar Platter	\$2.95
Fresh Baked Assorted Cookie Platter	\$2.00
Cheesecake Platter.....	\$3.95
Mini Specialty Pastries.....	\$6.95
Kurtos Platter.....	\$2.45
Baklava & Strawberries Platter	\$2.95

Sweet Tray	
(elegant display of our freshly baked cookies, dessert bars and pastries)	\$2.95

For additional dessert selections visit



Cakes for All Occasions Also Available Upon Request with Minimum 24 Hours Notice.



*A*lways willing to accommodate special requests; if you don't see it on our menu, let us know and we will do our best to meet your requests. Payment due in full at time of order pick up or delivery. Delivery available with notice. Delivery charges apply based on order. Prices subject to change with no notice. We accept all major credit cards, checks and cash. Minimum 24 hour notice requested for certain menu items. All catering items prepared with the same fresh, high quality products and skill enjoyed each and every day in our deli. Catering also available for corporate events, bar mitzvahs, graduation parties, weddings, etc. . .



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