

YOOCREAM[®]

Nutritional Facts

All nutritional information is based on a ½ cup (83g) (4oz) serving. Percent Daily Values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Allergens
NONFAT FROZEN YOGURT <i>.5g of fat or less per 4oz serving</i>																		
Alpine Vanilla 92115	83	100	0	0	0	0	5	75	22	0	18		3	0	0	10	0	M
Angel Food Cake 92136	83	110	0	0	0	0	0	30	25	0	19		1	0	0	4	0	M,E,W
Apple Pie 92140	83	100	0	0	0	0	0	70	21	0	17		3	0	0	10	0	M
Blueberry Burst 92153	83	100	0	0	0	0	0	70	22	0	17		3	0	0	10	0	M
Bubble Yum™ Bubble Gum 92414	83	100	0	0	0	0	0	70	22	0	17		2	0	0	8	0	M
Butter Brickle 92112	83	110	0	0	0	0	5	85	23	0	18		3	0	2	10	0	M,TN
Cable Car Chocolate 92114	83	110	5	0	0	0	0	75	23	1	17		3	0	0	10	2	M
Cappuccino 92152	83	100	0	0	0	0	5	85	21	0	16		4	0	2	15	2	M
Carrot Cake 92139	83	100	0	0	0	0	0	80	21	0	16		3	20	2	10	0	M
Chocolate Classic 92124	83	110	5	0	0	0	5	80	24	0	20		3	0	0	10	2	M
Cookies n' Cream 92163	83	110	5	0	0	0	0	90	25	0	18		3	0	0	10	2	M,E,S,W
Country Vanilla 92123	83	100	0	0	0	0	5	70	20	0	17		3	0	0	10	0	M
Eggnog 92118	83	110	5	0	0	0	5	75	23	0	18		2	0	0	10	0	M,E
Fancy French Vanilla 92154	83	100	5	0	0	0	15	80	21	0	16		4	0	2	15	0	M,E
Georgia Peach 92125	83	100	0	0	0	0	0	65	23	0	18		2	0	8	10	0	M
Gingerbread 92160	83	100	0	0	0	0	0	80	22	0	18		3	0	0	10	0	M
Greek Style Touch of Honey 92176	83	100	0	0	0	0	0	60	18	0	13		7	0	0	15	0	M
Hawaiian Pineapple 92134	83	100	0	0	0	0	0	65	22	0	18		3	0	4	10	0	M
Hershey's® Kisses™ Chocolate 92410	83	110	5	0	0	0	0	75	23	1	17		3	0	0	10	2	M
Hershey's® Kisses™ Choc. Cherry Cordial 92415	83	100	0	0	0	0	0	75	23	1	17		3	0	0	10	2	M
Huckleberry 92143	83	100	0	0	0	0	0	70	22	0	17		3	0	0	10	0	M
Irish Mint 92145	83	100	0	0	0	0	5	70	22	0	18		3	0	0	10	0	M,E
Island Banana 92132	83	100	0	0	0	0	5	80	21	0	17		3	0	2	10	0	M
Luscious Lemon 92155	83	100	0	0	0	0	5	85	22	0	18		3	0	2	10	0	M
Maple Bacon Donut 92142	83	100	0	0	0	0	0	105	21	0	17		3	0	0	10	0	M, W
Mountain Blackberry 92130	83	110	0	0	0	0	0	65	23	0	19		3	0	2	10	0	M
New York Cheesecake 92147	83	110	5	0	0	0	10	80	22	0	18		3	0	2	10	0	M,E
Orchard Cherry 92141	83	110	0	0	0	0	0	65	24	0	20		3	0	2	10	0	M
Outrageous Orange 92133	83	100	0	0	0	0	5	80	22	0	18		3	0	2	10	0	M
Pecan Praline 92146	83	110	0	0	0	0	5	85	23	0	18		3	0	2	10	0	M,TN
Peppermint Stick 92111	83	100	0	0	0	0	5	70	20	0	17		3	0	0	10	0	M
Pistachio 92120	83	100	0	0	0	0	5	75	22	0	18		3	0	0	10	0	M
Plain 92157	83	90	0	0	0	0	5	80	19	0	16		3	0	0	10	0	M
Pumpkin 92119	83	110	0	0	0	0	5	80	23	0	18		3	2	2	10	0	M
Rootbeer Float 92116	83	100	0	0	0	0	5	80	22	0	18		3	0	0	10	0	M
Snickerdoodle 92159	83	100	0	0	0	0	5	70	20	0	17		3	0	0	10	0	M
Thin Mint Cookies 92137	83	110	0	0	0	0	5	90	24	0	17		3	0	0	10	2	M,E,S,W
Very Raspberry 92129	83	100	0	0	0	0	0	70	23	0	17		2	0	0	10	0	M
Very Strawberry 92131	83	100	0	0	0	0	0	65	21	0	17		3	0	4	10	0	M
White Chocolate Macadamia 92113	83	100	0	0	0	0	5	75	21	0	18		3	0	0	10	0	M
York™ Chocolate Peppermint 92416	83	110	5	0	0	0	5	85	23	0	17		2	0	0	10	2	M

PRODUCT ALLERGEN INFORMATION:

Milk (M), Egg (E), Peanut (P), Soy (S), Tree Nut (TN), Wheat Gluten (W)

Manufactured in a facility that processes peanuts, tree nuts, eggs, soy, milk & wheat.