

HEALTHY GARDEN & GOURMET PIZZA CATERING MENU

APPETIZERS

Assorted Cheese Tray \$49 (serves 15 - 20 guests)
(Assorted Cheese, Hummus, Crackers, and Grapes)

Mediterranean Sampler Tray \$45 (serves 10-15 guests)
(Includes Falafel, Hummus, Organic Brown Rice & House Salad)

Healthy Garden Bruschetta \$49 (serves 10-15 guests)
(Grilled Chicken Breast, Fresh Mozzarella, Fine Diced Tomatoes, Onions, Extra Virgin Olive Oil, served with White Italian Toasts)

Grilled Vegetables \$39 (serves 10-15 guests)
(Red and Green Peppers, Zucchini, Portabella mushrooms, Onions, Extra Virgin Olive Oil)

Avacado Cups \$39 (serves 8-10 guests)
(Choice of Tuna or Chicken Salad)

Assorted Finger Food
(Mozzarella Sticks, Jalapeño Poppers, Onion Rings, Chicken Fingers, Falafel, French Fries)
Standard \$48 (serves 10-15 guests)
Large \$95 (serves 25-30 guests)

Deluxe Fruit Salad \$59 (serves 15-20 guests)
(Seasoned fresh fruits and berries topped with raisins, cranberries, walnuts and honey)

Gluten-Free Flatbread with Vegetables or Chicken \$49 (serves 15-20 guests)
(4 Flatbreads 12")

ASSORTED WRAPS

Choice of Whole Wheat, Spinach or Sun Dried Tomato Tortilla Wrap

Chicken Salad • Tuna Salad • Falafel • Veggie Burger • Breast O Cado • Turkey Burger • Tzatziki Chicken • Grilled Chicken BBQ • Chicken Caesar • Rio Grande • Tuscan • Mediterranean Grilled Chicken • Avocado Star • Hummus • Tofu • Rainbow Green

Standard \$48 (serves 10-15 guests)

Large \$95 (serves 25-30 guests)

COLD SANDWICHES

Choice of Hoagie Roll, Whole Wheat or White Bread

Tuna Salad • Chicken Salad • Homemade Turkey Breast • Italian • American • Ham and Cheese

Standard Tray \$54 (18 pieces 8-10 guests)

Large Tray \$89 (30 pieces 15-20 guests)

HOT SANDWICHES

Chicken Cheese Steak • Cheese Steak • Buffalo Chicken Cheese Steak • Meatball Parmesan • Chicken Cutlet Parmesan • Grilled Eggplant Parmesan • Sausage with Sauce • Turkey Burger • Chicken Burger • Grilled Vegetables

Standard Tray \$54 (18 pieces 8-10 guests)

Large Tray \$89 (30 pieces 15-20 guests)

SALADS

Garden Beauty Salad • Tropical Avocado • Spinach • Greek • Mozzarella Caprese Aloha • Chicken Caesar • Orange Cranberry • Kale and Quinoa • Roasted Beet • Kiwi Strawberry • Mediterranean • Aloha • Avocado Star

Standard Tray 8-10 guests \$35 Add Chicken or Turkey Breast \$15

Large Tray 15-20 guests \$59 Add Chicken or Turkey Breast \$30

International Quinoa • Turkey Caprese • Farm Chicken Chop • Balsamic Grilled Chicken • Turkey Burger • Lo Cal White Tuna

Standard Tray 8-10 guests \$49

Large Tray 15-20 guests \$89

PASTA

Your Choice of Pasta

Spaghetti • Fettuccini • Penne • Ziti • Linguini • Angel Hair • Whole Wheat Penne •
Whole Wheat Spaghetti • Gluten Free Penne

Salmon Fettuchine

Standard Tray 8-10 guests \$89 Large Tray 15-20 guests \$179

Shrimp, Crab & Scallops

Standard Tray 8-10 guests \$99 Large Tray 15-20 guests \$189

Spaghetti and Meatballs

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Fettuccine Alfredo

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Fettuccine Alfredo with Chicken

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Fettuccine Alfredo with Shrimp

Standard Tray 8-10 guests \$89 Large Tray 15-20 guests \$179

Penne Vodka

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Penne Vodka with Chicken

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Penne Vodka with Shrimp

Standard Tray 8-10 guests \$89 Large Tray 15-20 guests \$179

Lamb Pasta

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Lasagna

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Vegetable Lasagna

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Baked Ziti

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Pasta Primavera

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Pasta Con Pesto

Standard Tray 8-10 guests \$59 Large Tray 15-20 guests \$109

Very Veggie Pasta

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$149

Pesto Polo Pasta

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

Chicken and Spinach Pasta

Standard Tray 8-10 guests \$69 Large Tray 15-20 guests \$149

HOT ENTRIES / DINNERS

Comes with your choice of Organic Brown Rice, Organic Quinoa, Mashed Potatoes, Pasta or Vegetables**

Chicken Marcella

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Chicken Scampi

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Chicken and Shrimp Scampi

Standard Tray 8-10 guests \$109 Large Tray 15-20 guests \$199

Pan Roasted Chicken

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Chicken Gordon Bleu

Standard Tray 8-10 guests \$89 Large Tray 15-20 guests \$179

Chicken Balsamic

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Chicken Sardinia

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Seasame Chicken & Vegetable Stir Fry

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Seasame Tofu & Vegetable Stir Fry

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Seasame Shrimp & Vegetable Stir Fry

Standard Tray 8-10 guests \$109 Large Tray 15-20 guests \$199

Chicken Francaise

Standard Tray 8-10 guests \$79 Large Tray 15-20 guests \$169

Chicken Shish Kabob

Standard Tray 8-10 guests \$89 Large Tray 15-20 guests \$169

Lamb Shish Kabob

Standard Tray 8-10 guests \$109 Large Tray 15-20 guests \$199

Caramelized Lamb Chops

Standard Tray 8-10 guests \$109 Large Tray 15-20 guests \$199

Pan Roasted Tilapia

Standard Tray 8-10 guests \$99 Large Tray 15-20 guests \$189

Soy Citrus Glazed Salmon

Standard Tray 8-10 guests \$109 Large Tray 15-20 guests \$199

PIZZA AND WINGS

2 Large Pizzas (1 Topping Each) • 24 Jumbo Buffalo Wings
(8-10 guests) \$36.99

Stromboli Tray (3 Large Strombolis) (10-12 guests) \$38.99
Spinach • Italian Sausage • Grilled Chicken • Veggie • Meat Lovers