

# REIN'S DELI COOKING INSTRUCTIONS FOR FROZEN FOODS

<b>NOODLE KUGEL</b>	Thaw completely. Preheat oven to 300°F. Cook 20-30 minutes until hot (165°F). Place a piece of foil on top to prevent excess browning.
<b>POTATO KUGEL</b>	Thaw completely. Preheat oven to 375°F. Cook 20-30 minutes until hot (165°F).
<b>MACARONI &amp; CHEESE</b>	Thaw completely. Preheat oven to 350°F. Cook uncovered for 45 minutes
<b>CHICKEN POT PIE</b>	Thaw completely. Preheat oven to 350°F. Cook 1 hour and 15 minutes. Use foil on top to prevent excess browning.
<b>STUFFED CABBAGE</b>	Thaw completely: Cover with foil. Bake at 350° 20-30 minutes until 165°. Frozen: cover with foil and bake at 325° for 1 hour and 15 minutes. until 165°.
<b>CHEESE BLINTZES</b>	Thaw completely. Fry in sweet butter (salted butter or margarine may be used) over medium heat until both sides are golden.
<b>POTATO PANCAKES</b>	Fry over medium heat until both sides are golden. Do not use oil or butter in the pan. Or bake at 350° on an ungreased cookie sheet for 12 minutes or until 165°.
<b>SOUPS &amp; CHILI</b>	They may be defrosted and cooked in microwave, or slowly heated on the stove. For cream based soups, we recommend slowly thawing by immersing container in cool running water to prevent separation.
<b>KASHA VARNISHKAS</b>	<b>Microwave:</b> remove from packaging and place in a microwavable container. Heat on medium for 3 minutes. Stir. Heat again for 2 minutes or 165°F. <b>Conventional oven:</b> Remove plastic lid and cover with foil. Heat approx. 15 minutes at 350°F. Stir and return to oven, covered, heat to 165°.
<b>POTATO KNISHES</b>	Thaw completely. <b>Microwave:</b> Heat on microwavable plate on medium until hot, approx 3 - 4 minutes or until 165° internally. <b>Conventional Oven:</b> Heat on a lightly greased cookie tray for 12-15 minutes at 350°F until it reaches 165°.
<b>TZIMMAS</b>	<b>Microwave:</b> Remove from package and put into a microwavable container. Heat on medium for approx. 5 minutes. Stir and return to oven, heat until 165°. <b>Conventional oven:</b> Remove plastic lid and cover with foil. Heat 15-20 minutes at 350°F. Stir and return to oven, covered, heat until 165°F.
<b>BRISKET DINNER</b>	Thawed completely: Preheat oven to 350°F. Remove cover, heat in oven until temp is 165°.

**PLEASE REMEMBER...MICROWAVES VARY GREATLY. THAWING SHOULD BE DONE AT A LOW SETTING. ALL FOODS SHOULD BE HEATED THOROUGHLY, UNTIL THE INTERNAL TEMPERATURE REACHES 165°F.**