

SALTY IGUANA

MEXICAN RESTAURANT

APPETIZERS

IGUANA DIP

White pepper cheese & spinach
Small 6 | Large 10

GUACAMOLE

Avocado, tomato,
cilantro, jalapeño
Market Price

SMOKIN' NACHOS

Shredded chicken, cheese,
jalapeños 11

QUESO DIP

Classic chili con queso
Small 6 | Large 10

STREET TACOS

Carnitas, chicken, or steak,
onion, cilantro 13.5

MINI CHIMIS

Beef, chicken, or pork,
lettuce, pico, sour cream 11

SALADS

FAJITA SALAD

Mixed greens, fajita veggies,
tomato, green onion, cheese
Grilled Chicken or Steak 11.5
Shrimp 14.5


TOSTADA GRANDE

Beef, chicken, or pork,
refried beans, lettuce, tomato,
green onion, cheese,
sour cream 10.5

TACO SALAD

Beef, chicken, or black beans,
lettuce, tomato, green onion,
cheese 10.5

GRILLED CHICKEN

SALAD  
Spring mix, tomato, green onion,
cilantro, low-fat cheese,
cilantro lime vinaigrette 11

Handcrafted Dressings

House, Cilantro Lime, Ranch, Avocado Ranch, Honey Mustard,
Salsa, Avocado Salsa

TAKCO SPECIALTIES

a la carte

BAJA

Fajita chicken or steak,
lettuce, tomato,
green onion, cheese 5.5

FISH

Grilled or blackened fish,
avocado, pico, cabbage 5.5

SHRIMP

Grilled or blackened shrimp,
avocado, pico, cabbage 5.5

GRILLED CHICKEN

  
Avocado, pico, cabbage 4.5

BEYOND TACO

Plant-based meatless meat,
vegan cheese, lettuce,
tomato, onion 5.5

It's all
about the
sauce!

SMOTHERED BURRITOS

Served with beans & rice

P.V.B.

Beef, pork, black beans,
queso (served with rice only) 12

AVOCADO BURRITO

Green chile pork,
fresh avocado, iguana dip 13

TACO BURRITO

Beef, chicken, or pork, lettuce,
tomato, green onion, cheese,
enchilada sauce 12.5

SANCHO

Beef, chicken, or pork,
lettuce, tomato, green onion,
cheese 11.5

CREAM CHEESE

Beef, chicken, or pork, pico,
cheese 13

SANCHO DEL MAR

Grilled fish, shrimp, cheese,
wheat tortilla, iguana dip,
pico 15.5

SHREDDED CHICKEN BURRITO

Black beans, Mexican corn,
low-fat cheese, salsa 10.5

Our Tail

Founded in 1992, Salty Iguana is a local family business that specializes in Kansas City Mexican. For over 25 years, our food has been handmade fresh daily from local, natural, and sustainable products, not because they are trendy, but because they taste better. Like, our organic blue corn tortillas and chemical-free flour tortillas from Art's Mexican Products of KC and our handcrafted salsas that are made fresh daily with all-natural ingredients. Salty Iguana to-go ware is plant-based, 100% recyclable, and compostable. We are committed to and inspired by Kansas City & its people. This. Is. Home.



Salty Iguana Classic!



Gluten Free



Vegetarian



Vegan



Spicy



Healthy Option

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

KC MEXICAN SPECIALTIES

The Midwest Does It Fresh

FAJITAS

Red and green peppers, onions, lettuce, tomato, cheese, sour cream, guacamole
Veggie 10.5 / Chicken 15 / Steak 17
Shrimp 18.5 / Combo 18.5

CARNITAS

Pulled pork, lettuce, tomato, cheese, sour cream, tortillas, refried beans, rice 13

IGGY'S HOT POT

Grilled chicken, steak, pork, and shrimp in beef broth, tortillas and rice 14.5

GRILLED CHICKEN SKILLET

Tomato, fajita veggies, Mexican corn 12

CHIMICHANGA

Fried flour tortilla, verde sauce, sour cream, beans and rice
Beef, Chicken or Pork 12.5 / Shrimp 15.5

CLASSIC QUESADILLA

Beef, chicken, or pork, lettuce, pico, sour cream 10.5

FAJITA QUESADILLA

Fajita veggies, cheese, lettuce, pico, sour cream
Chicken or Steak 13 / Shrimp 15.5

CARNE ASADA FRIES

Iguana dip, pico, sour cream, guacamole 12.5

KC MEX & MATCH

Served with beans & rice

Mix & Match Two 12
Mix & Match Three 14

TOSTADA

Beef, chicken, or pork, refried beans, lettuce, tomato, green onion, cheese, sour cream

FLAUTA

Shredded chicken, pico, sour cream

CLASSIC ENCHILADA

Beef or chicken, enchilada sauce, cheese

CREAM CHEESE ENCHILADA

Beef, chicken, or pork

SPINACH ENCHILADA

Pepper jack cheese, verde sauce

CHEESE ENCHILADA

Enchilada sauce

VEGGIE ENCHILADA

Fajita veggies, black beans, Mexican corn, salsa, cheese

ROYAL BLUE TACO

Beef or chicken, lettuce, tomato, green onion, cheese

TINGA TACO

Chipotle chicken, cheese, cilantro, avocado salsa

SOFT TACO

Beef, chicken, or pork, lettuce, tomato, green onion, cheese



LUNCH
MON-FRI
11 AM - 4 PM

Lunch entrees served with beans & rice

TACO PLATE

Beef or chicken, lettuce, tomato, green onion, cheese 7

TACO BURRITO

Beef, chicken, or pork, lettuce, tomato, green onion, cheese, enchilada sauce 8

ENCHILADA PLATE

Beef or chicken 7

CREAM CHEESE BURRITO

Beef, chicken, or pork, pico, cheese 8

P.V.B.

Beef, pork, black beans, queso, served with rice 8

TOSTADA PLATE

Beef or chicken, refried beans, lettuce, tomato, green onion, cheese, sour cream 7

SANCHO

Beef, chicken, or pork, lettuce, tomato, green onion, cheese 8

SALTYIGUANA.COM



Salty Iguana Classic!

 Gluten Free

 Vegetarian

 Vegan

 Spicy

 Healthy Option

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.