

BAGELS & SPREADS

- Bagel or Roll 1.40
- Bagel Stick 1.09
- Cheddar Bagel 2.19
- Cheddar Stick 1.89

- Half Dozen Bagels 8.25
- Baker's Dozen Bagels 13.20
- Dozen Mini Bagels (special order) 9.00

Spread Flavors

| | With Bagel | 8oz |
|------------------------------------|------------|------|
| Plain Cream Cheese | 3.09 | 4.29 |
| Veggie Cream Cheese | 3.39 | 4.49 |
| Scallion Cream Cheese | 3.39 | 4.49 |
| Jalapeño Cream Cheese | 3.39 | 4.49 |
| Vanilla Walnut Raisin Cream Cheese | 3.99 | 4.79 |
| Strawberry Cream Cheese | 3.99 | 4.79 |
| Lox Cream Cheese | 3.99 | 4.79 |
| Garlic & Herb Cream Cheese | 3.39 | 4.49 |
| Butter | 2.39 | 4.49 |
| Jelly | 2.39 | 3.69 |
| Whitefish Salad** | 3.99 | 5.79 |
| Peanut Butter | 3.09 | 4.49 |
| Hummus | 3.69 | 4.79 |
| Peanut Butter & Jelly | 3.19 | |
| Plain Cream Cheese & Jelly | 3.19 | |



BAGEL FLAVORS

- Plain
- Poppy
- Sesame
- Everything
- Rye
- Egg
- Blueberry
- Cornmeal
- Marble
- Cinnamon Raisin
- Cinnamon Sugar
- Chocolate Chip
- Whole Wheat
- Jalapeño
- Honey & Grain
- Spinach
- Onion
- French Toast
- Garlic
- Pumpnickel
- Tomato Basil
- Cheddar Flavors**
- Plain Cheddar
- Everything Cheddar
- Jalapeño Cheddar

SANDWICHES

Deli Sandwiches

All sandwiches are available on bagels, breads, wraps or rolls.
Lettuce, onion, tomato, mustard and mayo are included.
Add cheese and additional toppings for .79



- B.L.T. 7.69
- Buffalo Chicken 7.69
- Chicken Salad 7.69
- Cranberry Walnut Chicken Salad** 8.49
- Egg Salad 6.39
- Steak & Cheese 8.79
- Grilled Chicken Breast 7.69
- Ham 7.69
- Pastrami 8.19
- Roast Beef 9.29
- Salami 7.69
- Tuna Salad 7.69

- Sliced Nova Scotia Lox 10.69
 - Turkey 7.69
 - Whitefish Salad** 8.19
- ** Not available in all locations.

Signature Wraps 8.49

- Mighty Aphrodite** Lettuce, tomato, cucumber, onions, olives, feta, greek dressing
- Turkey Bacon Bravo** Turkey, bacon, lettuce, tomato, cheddar, zinfandel dressing
- The Cowboy** Roast beef, cheddar, lettuce, onion, roasted peppers, jalapeños, horseradish mayo
- Hail Caesar** Romaine, parmesan, garlic bagel chips, caesar dressing
- Veggie Wrap** Cheese, cream cheese or hummus, lettuce, tomato, roasted peppers, olives, onions, cucumbers

Ciabatta Sandwiches 8.79

- The Godfather** Salami, roast beef, provolone, roasted peppers, onions, italian dressing
- The Hamboni** Ham, swiss, tomatoes, onions, honey mustard
- The Righteous Reuben** Pastrami, swiss, sauerkraut, 1,000 island dressing
- Chicken Cordon Bleu** Grilled chicken, ham, swiss, dijon mustard

SOUP & SALADS

Add a Scoop of Tuna, Egg Chicken Salad; or Grilled Chicken Breast from 3.49

- Soup or Chili** Small 4.49 • Large 5.49
- Garden Salad** 6.99
- Spring Mix** 7.29
- Greek** 7.29
- Cesar** 7.29
- Parfait** 4.59
- Fruit Salad** 5.99

EGG SANDWICHES

Served on a bagel or roll. Add cheese for .79

| | Plain | With Bacon, Ham or Sausage | With Steak |
|-----------------|-------|----------------------------|------------|
| Egg | 3.09 | 4.49 | 4.99 |
| Egg White | 3.79 | 5.19 | 5.69 |
| Super Egg | 5.39 | 6.79 | 7.29 |
| Super Egg White | 6.39 | 7.79 | 8.29 |

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.

Beverages

- Hot Coffee or Tea 2.00 • 2.30 • 2.85
- Iced Coffee or Brewed Ice Tea 2.30 • 2.50 • 3.10
- Assorted bottled drinks available.



BAKED SWEETS 2.09

- Blondies, Brownies, Cheese or Raspberry Danishes, Cinnamon Buns, Cookies, Crumb Cakes, Fruit Turnovers, Muffins

