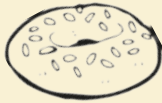


# BAGELS & SPREADS

- Bagel or Roll 1.29
- Bagel Stick .99
- Cheddar Bagel 1.99
- Cheddar Stick 1.69
- Half Dozen Bagels 7.50
- Baker's Dozen Bagels 12.00
- Dozen Mini Bagels (special order) 8.40

## Spread Flavors

	With Bagel	8oz
Plain Cream Cheese	2.79	4.09
Low Fat Cream Cheese	2.79	4.09
Veggie Cream Cheese	3.09	4.09
Veggie Low Fat Cream Cheese	3.09	4.09
Scallion Cream Cheese	3.09	4.09
Olive & Pimento Cream Cheese	3.09	4.09
Jalapeño Cream Cheese	3.09	4.09
Vanilla Walnut Raisin Cream Cheese	3.59	4.39
Strawberry Cream Cheese	3.59	4.39
Lox Cream Cheese	3.59	4.39
Horseradish Bacon Cream Cheese	3.59	4.29
Garlic & Herb Cream Cheese	3.59	4.39
Butter	2.19	4.09
Jelly	2.19	4.09
Whitefish Salad**	3.59	5.29
Peanut Butter	2.79	4.39
Hummus	3.39	4.39
Peanut Butter & Jelly	2.89	
Plain Cream Cheese & Jelly	2.89	



## BAGEL FLAVORS

- Plain
- Poppy
- Sesame
- Everything
- Rye
- Egg
- Blueberry
- Cornmeal
- Marble
- Cinnamon Raisin
- Cinnamon Sugar
- Chocolate Chip
- Whole Wheat
- Jalapeño
- Salt
- Honey & Grain
- Spinach
- Onion
- French Toast
- Garlic
- Pumpernickel
- Tomato Basil
- Cheddar - extra \$

# EGG SANDWICHES

Served on a bagel or roll. Add Cheese for .79

	Plain	With Bacon, Ham or Sausage	With Steak
Egg	2.79	4.19	4.69
Egg White	3.49	4.89	5.39
Super Egg	4.89	6.29	6.79
Super Egg White	5.79	7.19	7.69

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.

# SANDWICHES

## Deli Sandwiches

All sandwiches are available on bagels, breads, wraps or rolls. Lettuce, onion, tomato, mustard and mayo are included. Add Cheese and Additional Toppings for .79

- B.L.T. 6.99
- Buffalo Chicken 6.99
- Chicken Salad 6.99
- Cranberry Walnut Chicken Salad\*\* 7.69
- Egg Salad 5.79
- Steak & Cheese 7.99
- Grilled Chicken Breast 6.99
- Ham 6.99
- Pastrami 7.39
- Roast Beef 8.39
- Salami 6.99
- Tuna Salad 6.99

- Sliced Nova Scotia Lox 9.69
  - Turkey 6.99
  - Whitefish Salad\*\* 7.39
- \*\* Not available in all locations.

## Signature Wraps 7.69

- Mighty Aphrodite** Lettuce, tomato, cucumber, onions, olives, feta, greek dressing
- Turkey Bacon Bravo** Turkey, bacon, lettuce, tomato, cheddar, zinfandel dressing
- The Cowboy** Roast beef, cheddar, lettuce, onion, roasted peppers, jalapeños, horseradish mayo
- Hail Caesar** Romaine, parmesan, garlic bagel chips, caesar dressing

## Ciabatta Sandwiches 7.99

- The Godfather** Salami, roast beef, provolone, roasted peppers, onions, italian dressing
- The Hamboni** Ham, swiss, tomatoes, onions, honey mustard
- The Righteous Reuben** Pastrami, swiss, cole slaw, 1,000 island dressing
- Chicken Cordon Bleu** Grilled chicken, ham, swiss, dijon mustard

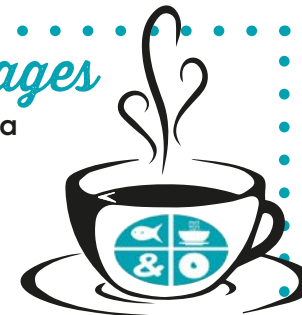
# SOUP & SALADS

Add a Scoop of Tuna, Egg or Chicken Salad; or Grilled Chicken Breast for 3.19

- Soup or Chili Small 4.09 • Large 4.99
- Garden Salad 6.39
- Yogurt Parfait 4.19
- Greek 6.59
- Caesar 6.59
- Chop Chop 6.59
- Spring Mix 6.39

## Beverages

- Hot Coffee or Tea 1.79 • 2.09 • 2.59
- Iced Coffee or Brewed Ice Tea 2.09 • 2.29 • 2.79
- Assorted bottled drinks available.



## BAKED SWEETS

- Blondies, Brownies, Cheese or Raspberry Danishes, Cinnamon Buns, Cookies, Crumb Cakes, Fruit Turnovers, Muffins 1.89

