



Summer Sailing Program

Frequently Asked Questions

1. **What time should I drop my children off, and when should I pick them up?** Morning classes start promptly at 9 am and are over at noon. Please **BE HERE** ten minutes before the class starts and before the class ends. We'll meet at the Sailing Shack between the tennis courts and the pool.
2. **What should my child bring to class?** Sunscreen, sunglasses, a hat, a whistle, a water bottle, and a towel. All of these things will fit easily into a backpack or small duffel bag. Your child's name should be written on each item in permanent black marker.
3. **What should my child wear to class?** Children should wear a bathing suit. If the weather is cool or rainy, they should also wear or bring appropriate gear. Shoes should be closed-toe: typically old tennis shoes or aqua socks work the best. No sandals or flip-flops. They will get wet, so children should not wear clothing or shoes that can be damaged or will get very heavy when wet. Pack a change of clothes if you do not want to take your child home wet.
4. **Do I need my own life jacket? What kind should I buy?** All students, as well as their instructor, will wear a life jacket any time they are on the water or the docks. **Each child is responsible for bringing their own life jacket.** It needs to be comfortable, and have a snug fit. Please spend the time to select one that your child will be happy to wear. The club has a few extras, but not enough for the entire class.
5. **What should I do if my child has a problem in class? Who should I talk to and when?** If you have a problem or concern with your child, please speak to their instructor first. At the start of class it is not always possible for the instructor to talk to you, however, you should be able to schedule a later appointment when there are no other students to supervise. If the instructor is unable to resolve the issue, the next level of intervention is to go to the General Manager of the Club.
6. **Pool Use?** The club understands that you will have to wait for your child somewhere and you are free to use seating by the pool as well as other areas of the club. However, Non-Members must pay a \$5 per day fee (or \$20 for 5 days) to use the swimming pool. Please sign in if you intend to swim and pay the fee at the Snack Shack. (Sailing Class enrollees can use the pool at no charge after the class.)
7. **Food & Beverages?** The Club does not provide meals as a part of class. You are welcome to take advantage of our Snack Shack but you'll need to pay cash as there is no credit card terminal in that building. Any credit card purchases in the dining room will have a 3% added surcharge and no jogging shorts, swim suits (even with coverall), tank tops or bare feet are allowed.



Eastern Shore Yacht & Country Club

MEDICAL & EMERGENCY INFORMATION

Child's Name _____ () Male () Female
Last, First M.I.

Nick Name? _____ Date of Birth _____

Parent's Name _____ Local Phone _____

Phone Numbers (H) _____ (W) _____ Cell _____

Address _____

email _____

CHRONIC AILMENTS, MEDICAL CONDITIONS & ALLERGIES (i.e. Bee Sting Allergies, ADHD, Hypoglycemia, etc.) _____

Last Tetanus Shot? _____ Current Medications _____

Preferred Personal or Family Physician

_____	_____
Name	Phone
_____	_____
Name	Phone

Health Insurance _____
Name Policy Number Phone

Others to Call in an Emergency

1. _____	_____	_____
Name	Relationship	Phone
2. _____	_____	_____
Name	Relationship	Phone
3. _____	_____	_____
Name	Relationship	Phone

PARENT/GUARDIAN EMERGENCY TREATMENT AUTHORIZATION

I, _____ (Parent or Guardian), authorize the program organizers, their employees, or other ESYCC employees to sanction emergency treatment if none of the above named Others (1,2,3) can be contacted at the time of the emergency.

Parent/Guardian Signature Phone Date



Eastern Shore Yacht & Country Club

LIABILITY RELEASE

Acceptance of Responsibility for Minor's Acts

I am the _____ of _____, a minor,
(Father, Mother, Guardian) (Student Name)
age _____, born _____, and I have full/partial custody and control of the minor.

I am aware that my minor child desires to participate in the Eastern Shore Yacht & Country Club Sailing Program. I/We fully consent to his/her participation in the program.

I further understand that, by my child's participation, I am undertaking to indemnify and hold harmless the officers, employees, agents, and otherwise personnel of the Eastern Shore Yacht & Country Club from any and all liability, loss, or damage arising from my child's participation, including those resulting from claims, demand, costs, or judgments against my child arising out of acts of negligence on his/her part committed while participating in the Sailing Program.

I further understand that my minor child's participation in the sailing program could result in injury to other person or damage to other water-craft, giving rise to suits or claims for compensation.

I further waive all rights to make claims or file suits against the Eastern Shore Yacht & Country Club, its officers, employees, agents, and otherwise for, and relieve the Eastern Shore Yacht & Country Club, its officers, employees, agents and otherwise from all liability or responsibility of any kind arising from such damage, loss, or expense.

As a condition of acceptance of your child into this program at Eastern Shore Yacht & Country Club, you agree that photographs may be taken of your child, which photographs will be the property of Eastern Shore Yacht & Country Club and that Eastern Shore Yacht & Country Club may use such photographs for whatever purpose it deems appropriate. You further agree to release Eastern Shore Yacht & Country Club and that you will indemnify Eastern Shore Yacht & Country Club from any and all liability arising out of the use of such photographs.

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date



Eastern Shore Yacht & Country Club-Student Code of Conduct

Please read the "Code of Conduct" carefully. Both the student and parent/guardian are required to sign below and return to ESYCC.

The primary goal of the Eastern Shore Yacht & Country Club Junior Sailing Program is to train young men and women in the basic and advanced skills of sailing, seamanship, and competitive racing. Learning safe boat handling skills and good sportsmanship are also important goals for the Junior Sailing Program. To achieve these goals, some basic rules need to be followed.

GENERAL SAFETY RULES

1. Coast Guard approved PERSONAL FLOTATION DEVICES (PFD) must be worn properly secured when in boats, on the docks, and at other times as directed.
2. Students should wear clothing appropriate for the prevailing weather conditions. Suitable footwear (closed-toe shoes) must be worn at all times.
3. No glass containers are allowed in the boats or on the docks.

BEHAVIOR

1. Sportsmanlike conduct is expected of students at all times, on and off the water. Foul language, disruptive behavior, or disrespectful comments or gestures will not be tolerated.
2. No running, pushing or unauthorized swimming is permitted.
3. Docks, piers and ramps are to be used only for their specified purposes.
4. Water hoses are to be used to wash down boats or equipment, except when expressly authorized for different use by the instructor. Hoses shall be recoiled after use.
5. Students will return boats and equipment for proper storage areas as soon as possible upon completion of class. All personal gear and items will be properly secured and the dock and ramp areas will be kept clean, neat, and free from obstructions.
6. Students will not tamper with, use, or borrow equipment or other items that do not belong to them.

RESTRICTED AREAS

1. The Clubhouse is off limits during class time unless given permission by the instructor. Use of restrooms is the only reason to be in the Clubhouse except for class time during inclement weather.
2. The pool area, tennis courts, and golf greens are off limits during class time unless accompanied by the instructor.

STUDENT AGREEMENT:

I understand that in entering this sailing course I agree to obey all program rules as set forth by the program staff, that I will use utmost care in the use of boats and equipment, that I will not engage in any horseplay or other disruptive behavior. I understand that failure to attend regularly, arrive promptly, and abide by the rules here set forth may result in my suspension or expulsion from the program.

Student's Signature

Date

GUARDIAN AGREEMENT:

I/We understand the contents of this statement and agree to see to it that our child adheres to the program rules. I/We agree to assume the obligation for the expenses of repair and/or replacement of the club/program equipment that is attributable to my child's reckless or irresponsible behavior. I/We agree to make an appointment for a parent-instructor conference, if requested.

Parent/Guardian Signature

Date