



Blue Heron Café & Catering
Breakfast & Lunch served 8:00-2:00
All served with grilled sourdough bread



Multigrain Cereal – With berries & local honey.	\$8.50
Home-Style Country Breakfast – 2 local eggs your way; breakfast potatoes & your choice of Dearborn ham, bacon, or house-made sausage. (GFO)	\$10.95
Farmers Bowl – Bacon, chorizo, caramelized onions, sweet potatoes on breakfast potatoes, & 2 eggs your way. (GFO)	\$11.95
Smoked Salmon Scrambler – Scrambled eggs, fresh basil, goat cheese, grilled sourdough bread; served with breakfast potatoes. (GFO)	\$11.95
BLTE Sandwich – Eggs on grilled sourdough bread, cream cheese spread, onion jam; bacon, lettuce, tomato; served with breakfast potatoes. (GFO)	\$10.95
Ham & Cheese Omelet – with apples, fresh basil, white cheddar & caramelized onions. (GFO)	\$11.95
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Nature Lover's Salad – Fresh fruit, mixed greens, feta cheese, almonds & Michigan apples; served with poppyseed dressing. (GFO)	\$11.95
Chopped Chicken Market Salad – Mixed greens, chicken, hard boiled eggs, tomatoes, red onions, cheddar cheese, bacon & choice of dressing. (GFO)	\$11.95
Summer Salad – Mixed greens, red onions, season veggies & warm horseradish butter vinaigrette. With your choice of wild salmon or Sirloin Steak. (GFO)	\$12.95
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Lunch Flight – ½ of a deli sandwich, a cup of soup of the day, a small nature lover salad & your choice of a Blue Heron cookie. (GFO)	\$11.95
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Deli Sandwich – Romaine lettuce, heirloom tomatoes, aioli & your choice of:	
• Turkey	
• Ham & Cheese (GFO)	\$10.95
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Ham & Cheese Sandwich – Manchego cheese, tarragon mayonnaise, sweet potatoes, dried fig & balsamic. (GFO)	\$11.95
Turkey – Vegetable slaw, jalapenos mayonnaise, cherry preserves on grilled sourdough bread. (GFO)	\$11.95
Vegetable Sandwich – With olive tapenade, pesto, thin sized cucumber, pickles, spinach, onion, & carrots. (GFO)	\$11.95
Noodle Bowl – broth, Asian spices, coconut milk, vegetable, & rice noodles. (GFO)	
	ADD CHICKEN \$11.95
	ADD POACHED EGGS \$12.95

Soups -ask your server for the soups of the day

Ask your server about menu items that are cooked to order. Consuming undercooked meats or eggs may increase your risk of foodborne illness.

