



BLUE HERON
CAFE & BAKERY

**304 N Mitchell St.
Cadillac, MI 49601
(231) 775-5461**



BLUE HERON²
CAFE & BAKERY

**408 S. Union St.
Traverse City, MI 49684
(231) 778-2583**

Catering

- It is our desire to have a positive impact on your quality of life by providing hearty, wholesome food. We use local produce, oils and grains whenever possible.
 - Our favorite cooking style is working with common ingredients (fresh, season, local) and relying on the quality and cooking style to enhance the natural flavors of the foods we use.
 - We believe the skill of the cook is in how little the food is manipulated and by using the simplest recipes. Restraint shows more skill than relying on rich, enhanced ingredients.
 - We have several gluten free options available.
 - Our sourdough bread is baked fresh daily using 120 year old starter and no preservatives.
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www.cafeblueheron.com



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Catering

BREAKFAST MENU

~All meals are served with coffee & your choice of orange juice or apple juice.~

Breakfast #1 - \$8.50 per person

Assorted baked goods to include donuts, danishes & bagels with a fresh fruit bowl.

Breakfast #2 - \$7.50 per person

Homemade bagels with cream cheese & butter; served with a fresh fruit tray.

Breakfast #3 - \$11.95 per person

Cheesy scrambled eggs with sausage & a fresh fruit bowl served with assorted baked goods.

Breakfast #4 - \$14.95 per person

Cheesy scrambled eggs with sausage, bacon, baked blueberry French toast with maple syrup & a fresh fruit bowl.

Breakfast #5 - \$11.95 per person

Breakfast burrito made with cheesy scrambled eggs, chorizo, salsa & cream cheese; served with fresh fruit & donuts.

Breakfast #6 - \$8.50 per person

Muffins, yogurt, fresh berries & dried cherry granola.

A LA CARTE

Breakfast wrap with cream cheese spread \$6.00

(Cut in half & wrapped in foil.)

Bacon & cheesy scrambled eggs

Sausage & cheesy scrambled eggs

Turkey & bacon cheesy scrambled eggs

Breakfast burrito \$6.50

Made with cheesy scrambled eggs, chorizo, salsa & cream cheese.

(Cut in half & wrapped in foil.)

Fresh fruit bowl \$1.50 per person (available seasonally)

Coffee \$20.00 10 cups

Coffee cake \$8.95 (8" square, 9 pieces)

Pecan

Raspberry

Assorted donuts by the dozen

Basic \$14.00 (frycakes, raised, filled)

Deluxe \$16.00 (raised & filled)

Filled \$19.00

Assorted Donut Holes \$3.95 (2 doz per bag)

Danishes \$20.00

10% DELIVERY CHARGE FOR ALL CATERINGS OR \$5.00 WHICHEVER IS GREATER



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LUNCH MENU

Lunch Tray #1 - \$9.95 pp

Assorted sourdough bread sandwiches & whole grain lawash wraps. Served with a fresh Nature Lover's Salad & an assortment of homemade baked cookies.

Box Lunch #2 - \$10.50 pp

Each box contains a ham, roast beef or turkey sandwich on sourdough bread with a bag of chips, a fresh fruit garnish & a homemade baked cookie.

Lasagna Lunch #3 - \$11.95 pp

Lasagna & a Mediterranean salad served with a bread & butter tray & homemade baked cookies.

Taco Lunch #4 - \$11.95 pp (minimum 20 pp; 24 hr. advance notice)

Ground beef tacos with tomato salsa, pico de gallo, sour cream, pinto beans, lettuce & cheddar cheese on your choice of a hard shell corn taco or soft shell flour tortilla.

Taco Lunch #5 - \$13.95 pp (minimum 20 pp; 24 hr. advance notice)

Slow roasted pulled pork & pulled chicken with Indian spices, cole slaw, pico de gallo, sour cream, pinto beans & shredded cheese on your choice of a hard shell corn taco or soft shell flour tortilla.

Soup & Sandwich - # 6 - \$10.95 pp

Two soups (of the day) and a variety of ham, roast beef & turkey sandwiches on sourdough bread with chips & homemade cookies.

A LA CARTE

Lunch Wrap \$6.95

Ham, roast beef or turkey with cream cheese, lettuce & tomato

Nature Lover's Salad

Small \$25.00 (6-8 servings)

Large \$45.00 (12-20 servings)

Meat Lasagna

Small \$40.00 (8 servings)

Large \$75.00 (18 servings)

Veggie Lasagna

Small \$50.00 (8 servings)

Large \$85.00 (18 servings)

Cup of Soup of the Day \$1.25 (with lunch order)

Call for soup of the day

Cup of Soup of the Day \$3.50 (without lunch order)

Fruit Bowl \$1.50 per person

Chips \$1.00 per person

Pop \$1.50 per person

Water \$1.50 per person

Coffee \$20.00 (10 cups)

Cookies \$1.25 or \$12.00 per dozen

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