



We wanted to let you know that we will be pausing our Good to Go Meal Prep for two weeks so that we can pay it forward & help Capital BlueCross Connect to donate Thanksgiving Meals to 300+ local families! Thank you for your understanding & for always being wonderful customers!

Happy Thanksgiving!

Our next Good to Go pick-up date will be Dec. 7th

These Thanksgiving meals are also available to the public! Check out our website or give us a call to order Thanksgiving or if you have any questions!

www.healthyoucafe.com
717-790-9657

