

# Healthy you Café Holiday Menu

Beef Pot Roast w/ Gravy  
Roasted Carrots  
Egg Noodles

2-\$40 or 4-\$75

Cranberry Glazed Ham  
Roasted Carrots  
Garlic Parmesan Hassleback  
Potatoes

2- \$50 or 4- \$95

## Holiday Charcuterie Box

Sm 2-4 people \$25

Lg 6-8 people \$45

Traditional Lasagna  
Garden Salad  
Rolls

1/3 pan - 4 people \$65

1/2 pan - 6-8 people \$110

Beef Wellington  
Roasted Carrots  
Garlic Parmesan Hassleback  
Potatoes

2- \$65 or 4- \$115

## Homemade Desserts

Dozen Holiday Cookies - \$25

Large Apple Dumpling - \$6

1/2 Dozen Holiday Avocado

Brownie - \$17

Mini Eggnog Cheesecake - \$5

## Sides (4-6 People)

House Salad \$12

Dozen Rolls \$10

Cranberry Relish \$7

Fruit Salad \$20

HEALTHY YOU  
 café  
and CATERING



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## Brunch

Whole Ham Cheddar Quiche

6-8 people - \$17

Whole Winter Veggie Frittata

6-8 people - \$17

French Toast Bake

1/3 pan - 4 people \$40

1/2 pan - 6-8 people \$60

Dozen Homemade Seasonal Muffins

\$24

Homemade Quart of Soup

\$10

Sweet Potato Ginger

Chicken Noodle

Order Online at

[www.healthyyoucafe.com](http://www.healthyyoucafe.com)

or by phone

717.790.9657

All orders must be placed by  
4pm

Friday, December 18<sup>th</sup>

Pick up date is

Wednesday, December 23<sup>rd</sup>

Please Contact us for single portions, allergies, or dietary restrictions