



## This Weeks Spiral Path:

Mini Peppers  
Tomatoes  
Red Onion  
Butter Lettuce  
Peppers  
Grape Tomatoes  
Spaghetti Squash  
Cilantro  
Garlic  
Collard Greens  
Radish



## Café Specials

September 21st– September 25th

### Soup:

Sweet Potato Ginger (VEGAN & GF)

### Quiche:

Spaghetti Squash Crusted Loaded Veggie (GF)

### Salad:

Apple Bacon Bleu

(Organic Greens, Apple Slices, Candied Pecans, Turkey Bacon, Bleu Cheese Crumbles, and Berry Balsamic Vinaigrette)

### From the Deli:

Sweet Potato Pesto Apple Panini (V)

(Sweet Potato, Pesto, Apple Slices, Bleu Cheese, Toasted Ciabatta)

### Smoothie:

Tropical Coconut

### Bowl:

Coco Loco (GF)

(Acai, Granola, Coconut, Mini Chips, Banana)

**All specials are based off our weekly local CSA produce share we receive from Spiral Path Farm. Follow us on Facebook and Instagram for weekly special updates!**

