

Café Specials

September 14th– September 18th

Soup:

French Veggie

Quiche:

Apple Sausage Kale

Salad:

End of Summer Cobb

(Organic Greens, Hard Boiled Egg, Turkey Bacon, Avocado, Tomato, Bleu Cheese, Roasted Corn, Scallions, Peach Basil Vinaigrette)

From the Deli:

Crunchy Open-Faced Classic Tuna Melt

(Albacore Tuna, shredded cabbage, light mayo, salt and pepper – served on toasted mini naan)

Smoothie:

Orange Mango Prickly Pear

Bowl:

Mini Flight

1. Peanut Butter Bliss
2. Tropical Coconut
3. Very Berry

All specials are based off our weekly local CSA produce share we receive from Spiral Path Farm. Follow us on Facebook and Instagram for weekly special updates!



This Weeks Spiral Path:

Green beans

Mini Peppers

Sweet Corn

Tomatoes

Onion

Butter Lettuce

Cabbage

Peppers

Zucchini

Cucumber

Watermelon

Grape Tomatoes