

GOOD TO GO

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THE GOOD TO GO MEAL SERVICE PROVIDES PREPARED MEALS FOR BREAKFAST, LUNCH & DINNER THAT ARE FRESH, DELICIOUS & NUTRITIOUS! ALL MEALS ARE PREPARED FRESH WITH USE OR FREEZE BY DATES- YOU HEAT & EAT! (NO PREPPING IS REQUIRED)

- ORDER BETWEEN TUESDAY AM THROUGH FRIDAY AT 12 NOON. PICK UP IS ON MONDAY AT SEVERAL LOCATIONS THROUGHOUT CENTRAL PA! (SEE OUR WEBSITE FOR A LOCATION NEAR YOU!)
- WE OFFER A DIFFERENT MENU EVERY WEEK- YOU CAN ORDER 1 OR AS MANY AS YOU WOULD LIKE- **NO SUBSCRIPTION IS REQUIRED**
- OUR MENU IS POSTED ON OUR WEBSITE, WWW.HEALTHYYOUCAFE.COM (YOU CAN ALSO CALL THE CAFÉ OR STOP BY AND PLACE AN ORDER)
- MEALS FOR EVERY LIFESTYLE- WE CAN CUSTOMIZE TO YOUR PREFERENCES
- ALL NUTRITIONAL INFORMATION IS PROVIDED ON YOUR MEAL
- RECEIVE FREE ENERGY BITES WITH YOUR FIRST ORDER
- LOOK FOR OUR APP COMING SOON!

QUESTIONS? CALL THE CAFÉ AND WE WILL BE HAPPY TO ANSWER THEM FOR YOU!

(717) 790-9657

WWW.HEALTHYYOUCAFE.COM